

Product Details

Adusa, Vasaka

Adhatoda vasica is a perennial shrub belonging to the Acanthaceae family, native to the Indian subcontinent and parts of Africa. Typically growing to heights of 1 to 3 meters, it features broad lanceolate leaves with glossy surfaces and produces small white flowers along with spiny fruits. This plant has been utilized in traditional Ayurvedic medicine for centuries due to its effectiveness in treating respiratory conditions.



Adhatoda vasica

Malabar Nut, Vasaka

Active Ingredients

0.5% Alkaloids

Part Used: Leaves



Ratio: 7:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

LET'S TALK

Medicinal Uses

Adusa is commonly used for respiratory issues. The expectorant and bronchodilator properties of eucalyptus oil, which facilitate healing from infections, are effective against several respiratory diseases like asthma, bronchitis and chronic cough. The active compound, vasicine, helps to break up mucus in the respiratory tract, reduces inflammation, and facilitates breathing. Vasaka is also effective in treating tuberculosis, whooping cough, and sinusitis, and is usually given in the form of syrups and decoctions. It also contributes to the overall health of the lungs due to its antibacterial and anti-inflammatory properties, which is why it is a common herb used in traditional and modern medicine.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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