

Product Details

Ajwain Seeds

Ajwain, commonly known as Carom Seeds (*Trachyspermum ammi*), is a small annual herb from the Apiaceae family. It grows up to 2-3 feet tall and is characterized by fine, feathery leaves and clusters of tiny white blossoms. The seeds are oval-shaped, ridged, and light brown to khaki in color, carrying a strong, thyme-like aroma due to their thymol content. Extensively cultivated across India, the Middle East, and parts of Africa, Ajwain serves both as a flavorful culinary spice and a valuable medicinal herb known for its distinctive sharp taste and fragrance.



Carum couticum

Carom Seeds

Active Ingredients

Part Used: Seeds



Ratio: 12:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Ajwain seeds hold an important place in Ayurveda and traditional medicine for their wide range of health-promoting properties. They support digestion by stimulating gastric secretions, easing indigestion, gas, and bloating. Rich in thymol, the seeds also possess potent antimicrobial, antifungal, and anti-inflammatory effects, making them beneficial in managing infections and respiratory ailments such as cough, asthma, and bronchitis. Ajwain water is a common household remedy for weight management, menstrual discomfort, and joint pain caused by arthritis. When consumed in moderation, ajwain helps maintain gut health, improves metabolism, and strengthens immunity.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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