

Product Details

Ashwagandha, Asgandh

Commonly known as Ashwagandha or Indian Ginseng, is an adaptogenic herb native to India and North Africa. It has been used in Ayurvedic medicine for thousands of years to enhance vitality, reduce stress, and improve overall health. Ashwagandha is particularly valued for its ability to help the body adapt to stressors while promoting mental clarity and physical endurance.



Withania somnifera

Indian Ginseng

Active Ingredients

1% Alkaloids, 2.5%
Withanoloids

Part Used: Root



Ratio: 5:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Ashwagandha, *Withania somnifera*, is a potent adaptogen that has been used for centuries in Ayurvedic medicine. It is renowned for its stress-relieving and rejuvenating properties, enhancing energy levels, mental focus, and overall vitality. The active compounds of Ashwagandha, withanolides, possess anti-stress and anti-inflammatory effects. Supporting the thyroid and adrenal glands, Ashwagandha improves physical strength, boosts immunity, and promotes restful sleep. It is also effective in reducing anxiety and enhancing cognitive function. Besides, Ashwagandha is used for enhancing stamina and libido. In fact, Ashwagandha taken regularly can help balance chronic stress, fatigue, and a host of other ailments, making it one of the most valued herbs within Ayurvedic treatments.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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