

Product Details

Elaichi

It is a perennial herb native to tropical regions of India and Southeast Asia. The plant produces aromatic green pods containing tiny black seeds, valued for their sweet and spicy fragrance. Elaichi is used in Ayurvedic medicine for its digestive benefits, helping with appetite stimulation, digestion, and bloating. It also has calming properties, promoting relaxation and oral health, while its anti-inflammatory and antimicrobial qualities make it useful in both medicinal and culinary practices.



Elettaria cardamomum

Cardamom

Active Ingredients

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Part Used: Fruit



Ratio: 10:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Elettaria cardamomum, also referred to as green cardamom or Elaichi, is highly valued in traditional Ayurvedic and Unani medicine for its broad therapeutic properties. It is known to support digestive health by stimulating appetite, relieving indigestion, and reducing bloating and gas. Cardamom also exhibits antimicrobial, antioxidant, and anti-inflammatory effects, making it beneficial in managing respiratory conditions such as coughs, bronchitis, and asthma. Its natural detoxifying properties aid in cleansing the system and promoting better metabolism. In addition, cardamom is believed to help regulate blood pressure, improve oral health, and even uplift mood due to its calming aroma and adaptogenic qualities.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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