

## Product Details

### Gorakhmundi

Gorakhmundi, *Sphaeranthus indicus*, is a small herb native to tropical regions of India. The plant features spherical purple flowers and is known for its medicinal properties. In Ayurvedic medicine, Gorakhmundi is valued for its ability to support immune function, improve digestion, and act as an anti-inflammatory. It is commonly used to treat fever, skin ailments, and respiratory issues, while also promoting overall wellness due to its antioxidant and detoxifying properties.



### Sphaeranthus indicus

East Indian Globe Thistle

#### Active Ingredients

0.5% Alkaloids

#### Part Used: Seeds



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

#### Medicinal Uses

Gorakhmundi (*Sphaeranthus indicus*) is a medicinal herb used in traditional Ayurvedic medicine for its wide range of health benefits. It is known for its anti-inflammatory, antioxidant, and antimicrobial properties. Gorakhmundi is commonly used to treat fever, skin diseases, and respiratory disorders. It helps improve digestion, relieves symptoms of indigestion, and is used in managing conditions like jaundice and liver ailments. Additionally, the herb is considered beneficial for boosting the immune system, reducing inflammation, and promoting overall well-being. It is also believed to support mental clarity and improve cognitive function.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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## ANJUM EXTRACTION PVT. LTD.

Factory Address:  
Village Facher, Tehsil Nimbahera,  
District Chittorgarh-312 620 (Raj.)

Mobile : +91 98873 44111, 78916 00000 (Only Whatsapp)  
work@anjumextraction.in

[www.anjumextraction.in](http://www.anjumextraction.in)



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