

Product Details

Gudhal

Gudhal, *Hibiscus rosa sinensis*, is a tropical plant known for its large, colorful flowers. Native to East Asia, it thrives in warm climates. Gudhal is used in traditional medicine for its benefits in supporting heart health, improving digestion, and reducing inflammation. Its flowers and leaves are rich in antioxidants and are commonly used in teas and skincare products. Additionally, it has mild sedative effects, promoting relaxation and reducing stress.



Hibiscus rosa sinensis

China Rose

Active Ingredients

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Part Used: Flower



Ratio: 08:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Gudhal (*Hibiscus rosa sinensis*) is a flowering plant commonly used in Ayurvedic medicine for its various health benefits. It is known for its anti-inflammatory, antioxidant, and antimicrobial properties. Gudhal is often used to promote healthy hair growth, reduce dandruff, and strengthen the scalp. It is also beneficial for regulating blood pressure, lowering cholesterol, and improving heart health. The flowers and leaves of the plant are used to treat digestive issues, such as constipation and indigestion, and can help detoxify the body. Additionally, Gudhal is known to support the immune system, improve skin health, and provide relief from menstrual discomfort.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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