

## Product Details

### Gudmar, Madhunasini

*Gymnema sylvestre* is a woody climbing plant native to India and Africa. Known as "Gurmar," which means "sugar destroyer," it has been traditionally used in Ayurvedic medicine to help control sugar cravings and support healthy blood sugar levels. The leaves contain compounds that may inhibit sugar absorption in the intestines and enhance insulin function.



### Gymnema sylvestre

Gymnema

#### Active Ingredients

25% Gymnemic Acid

#### Part Used: Leaves



Ratio: 07:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

#### Medicinal Uses

Gudmar, or *Gymnema sylvestre*, is a widely used herb for the treatment of diabetes and other metabolic health disorders. Commonly referred to as "sugar destroyer," Gudmar inhibits sugar absorption in the intestines and stimulates the secretion of insulin. These combined effects help regulate blood sugar levels and reduce sugar cravings. Besides diabetes management, Gudmar provides numerous health benefits. It aids in liver functions, supports digestion, and helps in weight management by reducing the cholesterol levels. It has anti-inflammatory properties, which serves to reduce inflammation in arthritis and other chronic inflammatory disorders.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For  
Premium Botanical Extracts,  
For Over **25+ years**

LET'S TALK

## ANJUM EXTRACTION PVT. LTD.

Factory Address:  
Village Facher, Tehsil Nimbahera,  
District Chittorgarh-312 620 (Raj.)

Mobile : +91 98873 44111, 78916 00000 (Only Whatsapp)  
work@anjumextraction.in

[www.anjumextraction.in](http://www.anjumextraction.in)



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