

## Product Details

### Jal Brahmi, Brahmi Nir

It is a small, creeping, perennial herb that thrives in wet, marshy environments. It has thick, succulent stems with small, oblong, green leaves that grow in opposite pairs along the stem. The plant produces delicate, pale blue or white flowers with five petals, adding to its distinctive appearance. It is often found near ponds, streams, and wetlands. It is well-adapted to moist conditions and can even grow submerged in water. This hardy herb is widely cultivated for its medicinal properties and plays a significant role in traditional medicine systems.



### Bacopa monnieri

Water Hyssop

#### Active Ingredients

20% Saponins

Part Used: Whole plant



Ratio: 07:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

#### Medicinal Uses

Bacopa monnieri, commonly known as water hyssop or Jal Brahmi, is renowned for its cognitive-enhancing and neuroprotective properties. Traditionally used to improve memory, sharpen focus, and boost concentration, this powerful adaptogen helps the body manage stress effectively. In addition to its cognitive benefits, Bacopa supports overall brain health, with ongoing research investigating its role in slowing age-related cognitive decline. It has also shown potential in influencing neurotransmitter systems, which are essential for mood regulation and cognitive function.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,  
For Over **25+ years**

LET'S TALK

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