

Product Details

Kali Mirch

Piper nigrum, commonly known as Black Pepper or Kali Mirch, is a flowering vine native to South India. The dried fruit is widely used as a spice and has been valued for its medicinal properties for centuries. Black pepper contains piperine, which enhances nutrient absorption and exhibits antioxidant effects while also promoting digestive health.



Piper nigrum

Black Pepper

Active Ingredients

5% Piperine

Part Used: Fruit



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

LET'S TALK

Medicinal Uses

Kali Mirch is a spice generally used in the kitchen for their medicinal values. It is well recognized for its digestive, antioxidant, and anti-microbial properties. Kali Mirch increases the secretion of digestive enzymes, hence promoting digestion and absorption. It acts as a natural expectorant and is efficient in treating respiratory disorders like cough and cold. It exerts protective mechanisms on the cells against oxidative damage, improving immunity. Importantly, this improves the bioavailability of curcumin, the main active ingredient in turmeric. Black pepper also mediates body weight by promoting an increase in metabolism and the oxidation of fatty acids.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

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