

Product Details

Karela

Momordica charantia, commonly known as Bitter Melon or Karela, is a tropical vine native to Asia, Africa, and the Caribbean. The fruit is known for its bitter taste and has been traditionally used in herbal medicine to help regulate blood sugar levels and improve digestive health. It contains compounds that mimic insulin and may enhance glucose metabolism.



Momordica charantia

Bitter Melon, Bitter gourd

Active Ingredients

3% Bitters

Part Used: Fruit



Ratio: 7:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Bitter gourd or karela is a kind of vegetable that has been put to many uses: both medicinal and edible. It serves very well in regulating the blood sugar level of a person; it increases the sensitivity toward insulin and reduces the absorption of sugar. Thus, it is of great aid in managing diabetes. Karela has strong detoxification properties, which help the liver and improve digestion. They also help in indigestion and constipation. Besides metabolic benefits, Karela supports weight management by enhancing metabolism and reducing appetite. It helps to keep the heart healthy because of its cholesterol-reducing properties. Rich in antioxidants, Karela protects the cells from oxidative damage; thus, it strengthens the immune system. It is also used in the treatment of skin disorders like acne and eczema.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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LET'S TALK

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