### **Product Details**

## Nagarmotha, Motha

Cyperus rotundus, commonly known as Nut Grass or Nagarmotha, is a perennial plant native to tropical regions worldwide. The rhizome has been traditionally used in Ayurvedic medicine for its anti-inflammatory properties and ability to support digestive health. It is also known for its calming effects on the nervous system.



# Cyperus rotundus

**Nut Grass** 

#### **Active Ingredients**

1% Alkoloids

Part Used: Rhizome



Ratio: 08:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

**Medicinal Uses** 

Nagarmotha, scientifically referred to as Cyperus rotundus, is a versatile herb originating from medicinal history. It has been considered a great digestive aid, especially in cases of bloating, gas, and acidity for healthy digestion. Besides the benefits of the digestive system, the plant is useful for the health of the liver by promoting detoxification and other disorders like jaundice. It can be considered advantageous in the enhancement of metabolism for the management of weight. The anti-inflammatory action of Nagarmotha is useful in the management of arthritis and other such inflammatory conditions. It proves its efficiency on the skin, too, by reducing acne and giving a clear skin.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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LET S TALK

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