Product Details

Punarnava

Boerhavia diffusa, commonly known as Punarnava, is a perennial herb native to India and other tropical regions. It is characterized by its fleshy leaves and small pink flowers.

Traditionally used in Ayurvedic medicine, it is known for its diuretic properties and ability to support kidney health. The plant is often used to treat conditions related to water retention and inflammation.



Boerhavia diffusa

Spreading Hogweed

Active Ingredients

0.5% Alkoloids

Part Used: Rhizome



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Punarnava is a versatile herb, Boerhavia diffusa, recognized for its properties as a diuretic, anti-inflammatory, and rejuvenator. It is traditionally used in Ayurveda for its beneficial actions on the kidneys and liver. It manages kidney disorders by normalizing water retention and helping proper urination. It has been found useful in diseases of the liver, like jaundice and fatty liver, as it acts on the detoxification of the liver. Punarnava supports respiratory health and helps in alleviating symptoms of asthma and bronchitis. Anti-inflammatory properties of the plant provide relief from arthritis and other inflammatory conditions. This can also be used to manage weight through its facilitation of metabolism and reduction of bloating. In enhancing immunity and overall vitality, Punarnava contributes to a healthier lifestyle.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For Premium Botanical Extracts, For Over 25+ years

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