Product Details

Rasna, Gulbahar

Rasna Leaves, Vanda roxburghi, is found in tropical and subtropical regions of India, particularly in forests and hilly areas. The plant has long, narrow, dark green leaves. The leaves are typically used in herbal remedies Rasna leaves are used to treat joint pain, arthritis, and muscle discomfort, as well as to improve digestion and respiratory health. The herb is valued for its ability to promote overall healing and wellness.



Vanda roxburghii

Active Ingredients

2% Flavones

Part Used: Leaves



Ratio: 6:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Rasna Leaves (Vanda roxburghi) are used in traditional Ayurvedic medicine for their various therapeutic benefits. Known for their anti-inflammatory and analgesic properties, Rasna is commonly used to treat musculoskeletal issues such as joint pain, arthritis, and muscle inflammation. The leaves are also believed to support respiratory health by relieving coughs and asthma symptoms. Additionally, Rasna is used to improve digestion, relieve abdominal discomfort, and reduce bloating. Its cooling effects make it beneficial for treating conditions related to excess heat in the body, such as fever and skin irritations.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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