

Product Details

Somlata

Somlata, scientifically known as Ephedra vulgaris, is a hardy, perennial shrub that belongs to the Ephedraceae family. It grows in dry, arid, and rocky regions, often thriving in desert-like climates. The plant is characterized by its slender, jointed, green stems with reduced scale-like leaves, giving it a unique, leafless appearance. Small yellowish flowers and berry-like fruits further distinguish the plant. Known since ancient times, Somlata has been highly regarded for its strong medicinal properties and continues to hold therapeutic significance.



Ephedra vulgaris

Joint Pine

Active Ingredients

Part Used: Whole plant



Ratio: 07:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Somlata is valued for its stimulating, bronchodilator, and rejuvenating qualities. It is widely used to support respiratory health, helping relieve asthma, bronchitis, nasal congestion, and chronic cough. The plant contains natural alkaloids that act as stimulants, boosting energy, alertness, and circulation. It also aids in weight management by increasing metabolism and reducing fatigue. Additionally, Somlata is believed to improve cardiovascular health and enhance physical endurance. With its powerful medicinal effects, it remains an important herb in traditional as well as modern therapeutic practices.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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For Over **25+ years**

LET'S TALK

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