

Product Details

Tagar, Mushkbala

Valeriana wallichii is a flowering plant native to the Himalayas known for its calming effects on the nervous system. The root has been traditionally used in herbal medicine for promoting relaxation and improving sleep quality. Valerian root is often included in formulations aimed at reducing anxiety and enhancing sleep due to its sedative properties.



Valeriana wallichii

Indian Valerian

Active Ingredients

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Part Used: Root



Ratio: 6:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

LET'S TALK

Medicinal Uses

Tagar is a very important and well-renowned medicinal herb for antispasmodic and sedative action. This drug is used to reduce tension, anxiety, and sleep disorders. The promotion of relaxation improves sleep, thus allowing the patient to have a good sleep. Besides its benefits about mental health, Tagar aids neurological health; hence, it is used to treat epilepsy and other nervous disorders. Besides, it helps in digestion by reducing bloating and gas. Its anti-inflammatory action is helpful in arthritis and other inflammatory conditions. By boosting immunity, Tagar contributes to overall well-being.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
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