

Product Details

Bala Mool

It is a small, perennial shrub native to the Indian subcontinent and parts of Southeast Asia. It typically grows in tropical and subtropical regions. The plant features heart-shaped, velvety leaves and produces bright yellow, hibiscus-like flowers. Bala Mool can grow up to 1 meter in height and thrives in well-drained, fertile soil. It is commonly found in grasslands, roadsides, and open fields. The root of the plant, which is the most valued part, is thick, fleshy, and medicinally significant.



Sida cordifolia

Country Mallow, Heart-leaf Sida

Active Ingredients

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Part Used: Root



Ratio: 10:01 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Bala Mool (*Sida cordifolia*) is celebrated in Ayurveda for its diverse medicinal benefits. The root of the plant is known for its powerful rejuvenating, anti-inflammatory, and adaptogenic properties. It is commonly used to strengthen the body, improve vitality, and enhance stamina, making it beneficial for conditions of weakness, fatigue, and general debility. Bala Mool is also known for its effectiveness in treating respiratory issues such as asthma and cough, as it has expectorant and soothing properties. Additionally, it is used to manage muscle pain, joint disorders, and arthritis due to its anti-inflammatory effects. Bala Mool is also considered a valuable herb for improving skin health and boosting overall immune function.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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