# **Product Details**

# Dhania

Coriandrum sativum, commonly known as Coriander or Dhania, is an annual herb native to regions spanning from Southern Europe to North Africa and Southwestern Asia. Both the leaves (cilantro) and seeds are used extensively in culinary applications worldwide but also possess numerous medicinal properties including antioxidant effects that support digestive health.



## Coriandrum sativum

Coriander

#### **Active Ingredients**

#### Part Used: Seeds



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

### **Medicinal Uses**

Dhania or coriander, Coriandrum sativum, is an herb that has different culinary and medicinal uses. The following are some of the therapeutic benefits it provides for digestion improvement, bloating reduction, and relief from acidity, using its seeds and leaves. It has detoxifying properties, hence helping in the elimination of heavy metals and toxins from the body. Dhania supports general health by regulating blood sugar and cholesterol levels and heart conditions. Its antioxidant properties promote the skin's health, combating oxidative stress. And finally, coriander exerts mild diuretic effects, which help the kidneys and control urinary tract infections.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For Premium Botanical Extracts, For Over 25+ years

### LET S TALK

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