

Product Details

Giloy, Guduchi

Tinospora cordifolia, commonly known as Guduchi or Giloy, is a climbing shrub native to India. It has been used in Ayurvedic medicine for centuries due to its adaptogenic properties that help the body cope with stress while enhancing immunity. Guduchi is also valued for its anti-inflammatory effects and ability to support liver health.



Tinospora cordifolia

Giloy, Giloe

Active Ingredients

3% Bitters

Part Used: Stem



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Guduchi, scientifically referred to as *Tinospora cordifolia*, is an Ayurvedic herb traditionally valued and used in therapeutics for a long period. Guduchi, being a potent immunomodulator and adaptogen, prepares the body for its fight against infections and also helps manage stressors efficiently. It enhances the activity of white blood cells, through which it acts against viral and bacterial infections. Apart from its immune-modulating effects, Guduchi detoxifies the liver and kidneys, ensuring healthy digestion and serving as a potent anti-inflammatory agent useful in arthritis and skin allergies. It also helps maintain healthy blood sugar levels and improves mental clarity, exhibiting rasayana properties. Generally speaking, it forms an important ingredient in many general health tonics in Ayurveda.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum


Country of Origin: India


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