

Product Details

Harad, Haritaki

Terminalia chebula, commonly known as Haritaki or Chebolic Myrobalan, is a deciduous tree native to South Asia. The fruit has been revered in Ayurvedic medicine for its detoxifying properties and ability to support digestive health. Haritaki is often referred to as the "king of medicines" due to its wide range of therapeutic benefits.



Terminalia chebula

Chebolic Myrobalan, Myrobalan

Active Ingredients

40% Tannins

Part Used: Fruit Pericarp



Ratio: 4:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Harad is one of the most powerful herbs according to Ayurveda used for manifold therapeutic purposes. This herb being a very important constituent of Triphala serves as an excellent detoxifier, digestive, and rejuvenator. Medicinally, Harad herb serves several purposes ranging from digestion, constipation to an improvement in nutrient absorption. By ridding the system of these toxins, Harad helps support liver and kidney function and prevents respiratory disorders such as coughs and asthma. Its immunomodulatory action helps in general health, while the antioxidant property is beneficial in maintaining healthy skin and retardation of the aging process. Besides, Harad is used in controlling blood sugar levels and maintenance of digestive health in an optimal way.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

ANJUM EXTRACTION PVT. LTD.

Factory Address:
Village Facher, Tehsil Nimbahera,
District Chittorgarh-312 620 (Raj.)

Mobile : +91 98873 44111, 78916 00000 (Only Whatsapp)
work@anjumextraction.in

www.anjumextraction.in



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