### **Product Details**

## Kalonji

Nigella sativa, commonly known as Black Seed or Kalonji, is an annual flowering plant native to South and Southwest Asia. The seeds have been used for centuries in traditional medicine for their numerous health benefits. Known for their distinct flavor and aroma, black seeds are often used as a spice in cooking, but they are also valued for their therapeutic properties, including anti-inflammatory, antioxidant, and antimicrobial effects.



# Nigella Sativa

Small Fennel, Nigella Seed

#### **Active Ingredients**

Part Used: Seeds



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

**Medicinal Uses** 

Black cumin, or black seed, is an extremely versatile herb rooted in traditional medication. Known for strong anti-inflammatory, antioxidant, and immunityenhancing properties, the major health benefits of kalonji seeds are enormous. They support normal body weight by supporting healthy digestion and maintaining appropriate sugar levels in the blood. Antioxidant-rich compounds protect cells against cellular oxidative damage, fortifying your immune system. Traditionally, Kalonji is used in curing respiratory problems like asthma and bronchitis. It reduces cholesterol, improves blood flow, and thus is beneficial for the heart. Its nourishing effects are good for hair and skin, reducing hair fall and imparting a glow to the skin.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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LET S TALK

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