

# Product Details

## Jamun

Syzygium cumini, commonly known as Jamun or Black Plum, is a tropical tree native to the Indian subcontinent. The fruit is known for its sweet and tangy flavor and has been traditionally used in Ayurvedic medicine for its various health benefits. Jamun is rich in antioxidants and is particularly valued for its ability to help regulate blood sugar levels.



### Syzygium cumini

Black Plum, Jambul tree

#### Active Ingredients

1% Bitters, 3% Saponins, 0.20  
Alkaloids

#### Part Used: Seeds



Ratio: 7:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

#### Medicinal Uses

Jamun is one of those fruits that have a great historical background in medicine. The health benefits associated with the consumption of jamun are multifarious. Famous for anti-diabetic properties, jamun regulates blood sugar levels by increasing insulin sensitivity and inhibiting sugar absorption. Powerful antioxidants present in it shield cells from oxidative damage and boost immunity. It also relieves digestion problems such as acidity, bloating, and diarrhea. It helps in maintaining cardiovascular health by regulating the level of cholesterol and improving blood circulation. Not only this, but jamun also contributes to oral health and finds its uses in remedies regarding gum diseases.

Form: Powder\*

\* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For  
Premium Botanical Extracts,  
For Over **25+ years**

LET S TALK

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