

Product Details

Harad Chotti, Haritaki

Harad Chotti is a deciduous tree belonging to the Combretaceae family. It is widely distributed across India, Nepal, and Southeast Asia, often found along riverbanks and in dry forests. The tree produces small, angular fruits known as Harad, which are green when unripe and turn yellowish-brown upon maturity. The fruits, seeds, and bark are used in Ayurvedic and traditional medicine. Harad Chotti refers specifically to the smaller variety of the fruit, valued for its potent therapeutic properties and easier processing.



Terminalia chebula

Myrobalan

Active Ingredients

30% Tannins

Part Used: Fruit Pericarp



Ratio: 4:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Harad Chotti is highly regarded in Ayurveda for its digestive, laxative, and rejuvenating properties. It is traditionally used to support bowel health, improve digestion, and relieve constipation. The fruit also has antimicrobial, antioxidant, and anti-inflammatory effects, making it useful for maintaining overall immunity and vitality. Harad Chotti is commonly employed in formulations for liver support, detoxification, skin health, and general wellness. Its regular use is believed to enhance strength, promote longevity, and balance the body's doshas.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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