

Product Details

Kulthi

Kulthi, scientifically known as *Dolichos biflorus*, is an annual leguminous plant belonging to the Fabaceae family. Commonly called Horse Gram, it is widely cultivated in India for its edible seeds. The plant has slender, climbing stems, trifoliate leaves, and produces small purple or white flowers that develop into pods containing the seeds. Kulthi thrives in well-drained soils under sunny conditions and is valued for its nutritional as well as therapeutic properties. Both the seeds and leaves are used in traditional Ayurvedic medicine.



Vigna unquiculata

Horse gram

Active Ingredients

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Part Used: Seeds



Ratio: 10:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Kulthi is traditionally used in Ayurveda for its diuretic, digestive, and anti-inflammatory properties. The seeds help manage urinary disorders, kidney stones, and digestive issues such as constipation and bloating. Kulthi also exhibits antioxidant, hypoglycemic, and wound-healing effects, supporting overall wellness and vitality. Rich in proteins, dietary fiber, and bioactive compounds, it aids in metabolism, weight management, and energy provision. Its therapeutic properties make Kulthi a valuable ingredient in herbal formulations for kidney health, digestion, and general wellbeing.

LET S TALK

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