

Product Details

Gudmar, Madhunasini

Gymnema sylvestre is a woody climbing plant native to India and Africa. Known as "Gurmar," which means "sugar destroyer," it has been traditionally used in Ayurvedic medicine to help control sugar cravings and support healthy blood sugar levels. The leaves contain compounds that may inhibit sugar absorption in the intestines and enhance insulin function.



Gymnema sylvestre

Gymnema

Active Ingredients

25% Gymnemic Acid

Part Used: Leaves



Ratio: 7:1 (Dry Extract)

Purity: 100%

Shelf Life: 36 Months

Medicinal Uses

Gudmar, or *Gymnema sylvestre*, is a widely used herb for the treatment of diabetes and other metabolic health disorders. Commonly referred to as "sugar destroyer," Gudmar inhibits sugar absorption in the intestines and stimulates the secretion of insulin. These combined effects help regulate blood sugar levels and reduce sugar cravings. Besides diabetes management, Gudmar provides numerous health benefits. It aids in liver functions, supports digestion, and helps in weight management by reducing the cholesterol levels. It has anti-inflammatory properties, which serves to reduce inflammation in arthritis and other chronic inflammatory disorders.

Form: Powder*

* Soft/Paste form also available

Size: 1kg, 5kg, 25kg

Packaging Type: HDPE Drum

Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S TALK

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