

Product Information

Ajwain Seeds

Ajwain Seeds is a small annual herb from the Apiaceae family, growing up to 2-3 feet tall with fine, feathery leaves and tiny white blossoms. The seeds are oval-shaped, ridged, and light brown to khaki, carrying a strong, thyme-like aroma due to thymol content. Widely cultivated across India, the Middle East, and parts of Africa, Ajwain is both a culinary spice and a valuable medicinal herb known for its distinctive sharp taste.



Trachyspermum ammi

Carom Seeds

Active Ingredients

Dry Powder Extract

Active: -

Ratio: 12:1

Soft Paste Extract

Active: -

Ratio: 10:1

Part Used: Seeds



Medicinal Uses

Carum couticum, Trachyspermum ammi is traditionally used in Ayurveda for its medicinal properties. They support digestion by stimulating gastric secretions, easing indigestion, gas, and bloating. Rich in thymol, the seeds also possess potent antimicrobial, antifungal, and anti-inflammatory effects, making them beneficial in managing infections and respiratory ailments such as cough, asthma, and bronchitis. Ajwain water is a common household remedy for weight management, menstrual discomfort, and joint pain caused by arthritis. When consumed in moderation, ajwain helps maintain gut health, improves metabolism, and strengthens immunity.

Purity: 100%

Shelf Life: 36 Months

Size: 1kg, 5kg, 25kg

Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

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