

Product Information

Ashwagandha, Asgandh

Ashwagandha, Asgandh is an adaptogenic herb native to India and North Africa. It has been used in Ayurvedic medicine for thousands of years to enhance vitality, reduce stress, and improve overall health. Ashwagandha is particularly valued for its ability to help the body adapt to stressors while promoting mental clarity and physical endurance.



Withania somnifera

Indian Ginseng

Active Ingredients

Dry Powder Extract

Active: 1% Alkaloids, 2.5% Withanolides
Ratio: 5:1

Soft Paste Extract

Active: 0.5% Alkaloids, 1.5% Withanolides
Ratio: 3:1

Part Used: Root



Medicinal Uses

Withania somnifera is a potent adaptogen that has been used for centuries. It is renowned for its stress-relieving and rejuvenating properties, enhancing energy levels, mental focus, and overall vitality. The active compounds of Ashwagandha, withanolides, possess anti-stress and anti-inflammatory effects. Supporting the thyroid and adrenal glands, Ashwagandha improves physical strength, boosts immunity, and promotes restful sleep. It is also effective in reducing anxiety and enhancing cognitive function. Besides, it is used for enhancing stamina and libido. If taken regularly can help balance chronic stress, fatigue, and a host of other ailments, making it one of the most valued herbs within Ayurvedic treatments.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S CONNECT

Factory Address:
Village Facher, Tehsil Nimbahera,
District Chittorgarh-312 620 (Raj.)

Mobile: +91 98873 44111, 98874 66111
work@anjumextraction.in

www.anjumextraction.in

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Rooted in Nature, Backed by Science