

Product Information

Chandrashur

Chandrashur is a fast-growing annual herb of the Brassicaceae family, widely cultivated in India for its seeds and leaves. The plant has small, smooth leaves and tiny white flowers, followed by reddish-brown seeds with a characteristic pungent taste. *Lepidium sativum* grows well in well-drained soils and cool to moderate climatic conditions, and is valued for both nutritional and medicinal uses.



Lepidium sativum

Garden Cress

Active Ingredients

Dry Powder Extract

Active: -

Ratio: 12:1

Soft Paste Extract

Active: -

Ratio: 10:1

Part Used: Seeds



Medicinal Uses

Lepidium sativum is traditionally used in Ayurveda for its digestive, strengthening, and galactagogue properties. The seeds help improve digestion, relieve constipation, and support postpartum recovery. It also exhibits anti-inflammatory, antioxidant, and antimicrobial effects, supporting immunity and overall wellness. Rich in iron, calcium, and dietary fiber, Chandrashur aids in improving energy levels, bone health, and metabolic balance, making it a valuable ingredient in herbal and nutritional formulations.

Purity: 100%

Shelf Life: 36 Months

Size: 1kg, 5kg, 25kg

Country of Origin: India

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For Over **25+ years**

LET'S CONNECT



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