

Product Information

Gudmar, Madhunasini

Gudmar, Madhunasini is a woody climbing plant native to India and Africa. Known as "Gurmar," which means "sugar destroyer," it has been traditionally used in Ayurvedic medicine to help control sugar cravings and support healthy blood sugar levels. The leaves contain compounds that may inhibit sugar absorption in the intestines and enhance insulin function.



Gymnema sylvestre

Gymnema

Active Ingredients

Dry Powder Extract

Active: 25% Gymnemic Acid
Ratio: 7:1

Soft Paste Extract

Active: 15% Gymnemic Acid
Ratio: 5:1

Part Used: Leaves



Medicinal Uses

Gymnema sylvestre is a widely used herb for the treatment of diabetes and other metabolic health disorders. Commonly referred to as "sugar destroyer," Gudmar inhibits sugar absorption in the intestines and stimulates the secretion of insulin. These combined effects help regulate blood sugar levels and reduce sugar cravings. Besides diabetes management, Gudmar provides numerous health benefits. It aids in liver functions, supports digestion, and helps in weight management by reducing the cholesterol levels. It has anti-inflammatory properties, which serves to reduce inflammation in arthritis and other chronic inflammatory disorders.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S CONNECT

Factory Address:
Village Facher, Tehsil Nimbahera,
District Chittorgarh-312 620 (Raj.)

Mobile: +91 98873 44111, 98874 66111
work@anjumextraction.in

www.anjumextraction.in

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