

Product Information

Guggul

Guggul is a small tree native to India that produces a resin valued for its medicinal properties. It has been traditionally used in Ayurvedic medicine for its anti-inflammatory effects while supporting weight loss and cholesterol management among other therapeutic applications.



Commiphora wightii

Indian Myrrh, Indian Bdellium

Active Ingredients

Dry Powder Extract

Active: 5% Guggulsterones
Ratio: 3:1

Soft Paste Extract

Active: -
Ratio: -

Part Used: Gum resin



Medicinal Uses

Commiphora wightii is a very strong and powerful herbal medicine with a great history in Ayurveda. It has several therapeutic uses, being highly valued for its anti-inflammatory and cholesterol-lowering effects. Guggul supports joint health by reducing pain and swelling associated with arthritis. Additionally, it helps in maintaining cardiovascular health by reducing levels of cholesterol and triglycerides. Besides its health benefits in physical terms, Guggul is highly valued for its possible weight management through fat metabolism and thyroid support. Due to its antimicrobial action, it acts effectively against skin infections. Besides this, it rejuvenates the body and contributes much to vitality and well-being.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S CONNECT

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Rooted in Nature, Backed by Science