

Product Information

Harad Chotti, Haritaki

Harad Chotti, Haritaki is a deciduous tree of the Combretaceae family, widely distributed across India, Nepal, and Southeast Asia. The tree produces small, angular fruits green when unripe and yellowish-brown when mature. Fruits, seeds, and bark are used in Ayurvedic medicine. Harad Chotti refers to the smaller variety of the fruit, valued for its potent therapeutic properties and easier processing.



Terminalia chebula

Myrobalan

Active Ingredients

Dry Powder Extract

Active: 30% Tannins
Ratio: 4:1

Soft Paste Extract

Active: 20% Tannins
Ratio: 3:1

Part Used: Fruit Pericarp



Medicinal Uses

Terminalia chebula is highly regarded in Ayurveda for its digestive, laxative, and rejuvenating properties. It is traditionally used to support bowel health, improve digestion, and relieve constipation. The fruit also has antimicrobial, antioxidant, and anti-inflammatory effects, making it useful for maintaining overall immunity and vitality. Harad Chotti is commonly employed in formulations for liver support, detoxification, skin health, and general wellness. Its regular use is believed to enhance strength, promote longevity, and balance the body's doshas.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

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