

Product Information

Jamun

Jamun is a tropical tree native to the Indian subcontinent. The fruit is known for its sweet and tangy flavor and has been traditionally used in Ayurvedic medicine for its various health benefits. Jamun is rich in antioxidants and is particularly valued for its ability to help regulate blood sugar levels.



Syzygium cuminii

Black Plum, Jambul

Active Ingredients

Dry Powder Extract

Active: 1% Bitters, 3% Saponins
Ratio: 7:1

Soft Paste Extract

Active: 0.5% Bitters, 2% Saponins
Ratio: 5:1

Part Used: Seeds



Medicinal Uses

Syzygium cuminii is one of those fruits that have a great historical background in medicine. The health benefits associated with the consumption of jamun are multifarious. Famous for anti-diabetic properties, jamun regulates blood sugar levels by increasing insulin sensitivity and inhibiting sugar absorption. Powerful antioxidants present in it shield cells from oxidative damage and boost immunity. It also relieves digestion problems such as acidity, bloating, and diarrhea. It helps in maintaining cardiovascular health by regulating the level of cholesterol and improving blood circulation. Not only this, but jamun also contributes to oral health and finds its uses in remedies regarding gum diseases.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S CONNECT

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Rooted in Nature, Backed by Science