

Product Information

Rasna, Gulbahar

Rasna, Gulbahar is found in tropical and subtropical regions of India, particularly in forests and hilly areas. The plant has long, narrow, dark green leaves. The leaves are typically used in herbal remedies Rasna leaves are used to treat joint pain, arthritis, and muscle discomfort, as well as to improve digestion and respiratory health. The herb is valued for its ability to promote overall healing and wellness.



Vanda roxburghii

Rasna, Vanda

Active Ingredients

Dry Powder Extract

Active: 2% Flavones
Ratio: 6:1

Soft Paste Extract

Active: 1% Flavones
Ratio: 4:1

Part Used: Leaves



Medicinal Uses

Vanda roxburghii is traditionally used in Ayurveda for its medicinal properties. Known for their anti-inflammatory and analgesic properties, Rasna is commonly used to treat musculoskeletal issues such as joint pain, arthritis, and muscle inflammation. The leaves are also believed to support respiratory health by relieving coughs and asthma symptoms. Additionally, Rasna is used to improve digestion, relieve abdominal discomfort, and reduce bloating. Its cooling effects make it beneficial for treating conditions related to excess heat in the body, such as fever and skin irritations.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

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Premium Botanical Extracts,
For Over **25+ years**

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