

Product Information

Tagar, Mushkbala

Vidari Kand is a perennial, tuberous climbing herb native to India and Southeast Asia, found in tropical and subtropical, forested and hilly areas. The plant has slender, twining stems with trifoliate leaves bearing three broad leaflets, and small, purplish-blue flowers in clusters. Its large, starchy tuberous root is the most valuable part, used extensively in traditional medicine for its nourishing and rejuvenating properties.



Valeriana wallichii

Indian Valerian

Active Ingredients

Dry Powder Extract

Active: -
Ratio: 6:1

Soft Paste Extract

Active: -
Ratio: 4:1

Part Used: Root



Medicinal Uses

Valeriana wallichii is a very important and well-renowned medicinal herb for antispasmodic and sedative action. This drug is used to reduce tension, anxiety, and sleep disorders. The promotion of relaxation improves sleep, thus allowing the patient to have a good sleep. Besides its benefits about mental health, Tagar aids neurological health; hence, it is used to treat epilepsy and other nervous disorders. Besides, it helps in digestion by reducing bloating and gas. Its anti-inflammatory action is helpful in arthritis and other inflammatory conditions. By boosting immunity, Tagar contributes to overall well-being.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

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Rooted in Nature, Backed by Science