

Product Information

Hing

Hing is a gum resin from the roots and rhizomes of *Ferula foetida*, a tall perennial herb of the Apiaceae family, native to Central Asia and Iran. The plant grows in dry, mountainous regions. The resin is extracted by incisions at the stem base, allowing milky sap to ooze out and solidify. Known for its sharp odor that mellows upon cooking, Hing is a prized spice and medicinal ingredient in Indian culinary and Ayurvedic traditions.



Ferula foetida

Asafoetida

Active Ingredients

Dry Powder Extract

Active: -

Ratio: 2:1

Soft Paste Extract

Active: -

Ratio: -

Part Used: Gum resin



Medicinal Uses

Ferula foetida is highly valued for its carminative, antispasmodic, and digestive properties. It is primarily used to relieve flatulence, bloating, indigestion, and abdominal colic by stimulating digestive enzyme secretion and reducing gas formation in the intestines. It is also effective in managing respiratory disorders such as asthma, whooping cough, and bronchitis due to its expectorant and bronchodilator actions. Hing has antiepileptic and nervine properties, making it beneficial in managing hysteria and nervous disorders. Its antimicrobial compounds help combat intestinal infections and worm infestations. Regular use supports gut health, regulates bowel movements.

Purity: 100%

Shelf Life: 36 Months

Size: 1kg, 5kg, 25kg

Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

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