

Product Information

Jal Brahmi, Brahmi Nir

Jal Brahmi, Brahmi Nir is a small, creeping perennial herb thriving in wet, marshy environments, with thick, succulent stems and small, oblong, green leaves in opposite pairs. It produces delicate pale blue or white flowers with five petals. Native to India and Southeast Asia, *Bacopa monnieri* is found near ponds and wetlands, can grow submerged in water, and is widely cultivated for its medicinal properties in Ayurvedic medicine.



Bacopa monnieri

Water Hyssop

Active Ingredients

Dry Powder Extract

Active: 20% Saponins
Ratio: 7:1

Soft Paste Extract

Active: 12% Saponins
Ratio: 5:1

Part Used: Whole plant



Medicinal Uses

Bacopa monnieri is renowned for its cognitive-enhancing and neuroprotective properties. Traditionally used to improve memory, sharpen focus, and boost concentration, this powerful adaptogen helps the body manage stress effectively. In addition to its cognitive benefits, *Bacopa* supports overall brain health, with ongoing research investigating its role in slowing age-related cognitive decline. It has also shown potential in influencing neurotransmitter systems, which are essential for mood regulation and cognitive function.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S CONNECT

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Rooted in Nature, Backed by Science