

Product Information

Shahjeera

Shahjeera (*Carum carvi*), commonly called caraway, is a biennial aromatic herb from the Apiaceae family. It has slender stems, finely divided leaves, and small white flowers arranged in umbrella-shaped clusters. The plant produces small, elongated brown fruits with a distinct aroma, commonly used as seeds in cooking and traditional preparations.



Carum carvi

Active Ingredients

Dry Powder Extract

Active: 2% Bitters
Ratio: 5:1

Soft Paste Extract

Active: 1% Bitters
Ratio: 3:1

Part Used: Seeds



Medicinal Uses

Shahjeera is traditionally valued for its digestive and carminative properties. Its seeds are commonly used to support digestion, relieve gas and bloating, and improve appetite. They are also traditionally used to ease mild stomach discomfort and promote healthy digestion. The seeds are also appreciated for their aromatic properties and are commonly included in traditional herbal and culinary preparations. Shahjeera is traditionally used to help maintain digestive balance and support overall gastrointestinal comfort.

Purity: 100%
Shelf Life: 36 Months
Size: 1kg, 5kg, 25kg
Country of Origin: India

Your Trusted Source For
Premium Botanical Extracts,
For Over **25+ years**

LET'S CONNECT

Factory Address:
Village Facher, Tehsil Nimbahera,
District Chittorgarh-312 620 (Raj.)

Mobile: +91 98873 44111, 98874 66111
work@anjumextraction.in

www.anjumextraction.in



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