

## Product Information

### Singhada

Singhada (*Trapa natans*), commonly known as water chestnut, is an aquatic plant that grows in ponds, lakes, and other freshwater environments. It has floating, diamond-shaped leaves arranged in rosettes and produces hard fruits with characteristic pointed projections. The fruit contains a white, starchy kernel that is commonly eaten as a nutritious food.



### Trapa natans

Water Chestnut

#### Active Ingredients

##### Dry Powder Extract

Active: -  
Ratio: 8:1

##### Soft Paste Extract

Active: -  
Ratio: 6:1

Part Used: Seeds



#### Medicinal Uses

Singhada is traditionally valued for its cooling, nourishing, and astringent properties. The fruit provides carbohydrates and minerals that help support energy and general nourishment. It is also traditionally used to support digestion and overall strength. It is also appreciated as a wholesome food that can be included in a balanced diet for natural nourishment. Singhada is traditionally valued for its refreshing qualities and is commonly consumed to support overall vitality and well-being.

Purity: 100%  
Shelf Life: 36 Months  
Size: 1kg, 5kg, 25kg  
Country of Origin: India

Your Trusted Source For  
Premium Botanical Extracts,  
For Over **25+ years**

**LET'S CONNECT**

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