# **Protein Sides**

Serves 12 • A la Carte

Smoky Chicken 49.00

Chicken Thighs, Housemade Smoky Spice Blend

Basil Turkey Meatballs @ 59.00

Local Ground Turkey, Basil, Ricotta, Olive Oil

Sustainable Salmon, Olive Oil

Miso Tofu 49.00 / or 29.00 half order

Local Phoenix Bean Tofu, Miso Glaze

Avocado Mash 📴 🔽 29.00

Avocado, Fresh Lemon

# Veggie Sides

Serves 12 • A la Carte

Harissa Sweet Potatoes @ 29.00

Roasted Sweet Potato, Housemade Harissa, Maple Syrup

Mac & Cheese 39.00

Local Cheddar, Parmigiano Reggiano, Warm Spices

Green Goddess Slaw @ 29.00

Kale, Cabbage, Basil, Parsley, Red Onion, Green Goddess Dressing

Roasted Carrots @ 29.00

Carrots, Olive Oil

Roasted Red Peppers, Chickpeas & Feta @ 29.00 Roasted Red Peppers, Chickpeas, Feta, Oregano,

Red Wine Vinegar

Elote Corn Salad @ 29.00

Corn, Red Onion, Jalapeno, Cilantro, Cotija, Lime

Tomatoes & Peaches @ 29.00

Cherry Tomatoes, Peaches, Basil, Honey

Sweet & Sour Cucumbers 29.00

Persian Cucumbers, Red Wine Vinegar, Honey, Parsley

## Bases

Serves 12 • A la Carte

Lemony Kale 🚭 🐚 25.00

House Grains @ 25.00

Romaine + Spinach @ 25.00

☐ Gluten Free Vegan ○ Contains Nuts



# Sauces

Serves 12 • Per Bottle

Creamy Tahini 🚭 👽 15.00

Herby Pesto 🚭 🚺 15.00

Greek Yogurt Ranch 🚭 15.00

Barbecue Sauce 🚳 🔰 15.00

## **Sweets**

Serves 12 • Clean Ingredients • Limited Refined Sugars

Oat Flour, Almond Flour, Vanilla, Maple Syrup, Olive Oil, Dark Chocolate

Gluten Free Oats, SunButter, Maple Syrup, Hemp Seeds, Pumpkin Seeds, Flax Seeds

Tahini Brownie 49.00 / 12 pieces

Tahini, Coconut Sugar, Organic Eggs, Oat Flour, Cacao Powder

Tahini Brownies, Chocolate Chip Cookies, Seedy Cookies

Cornbread Muffins 29.00 / 16 pieces Pumpkin, Oat Flour, Cornmeal, Olive Oil, Maple Syrup

# Coffee

Serves 12 • A la Carte

Intelligentsia Coffee Box 49.00 / serves 10-12 Includes sweetener, half + half, oat milk. Suggested serving size of 8oz per guest.

# Beverages

Priced individually

Open Water Still Water 2.75 San Pelligrino Sparkling Water 2.95 Rishi Sparkling Botanical Tea 3.75

Health-Ade 5.75

Spindrift 2.95

Olipop 3.99

Fermensch Kombucha 5.95





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# Summer Packages

Our Premium Summer Packages are perfect for corporate gatherings or social get-togethers. Each menu features a vibrant mix of seasonal favorites designed to delight your guests and make hosting feel effortless.

## Premium Summer Lunch: Market Spread

299.00 / serves 10 - 12

Order is delivered with serving utensils, silverware, compostable bowls and labels. \*Items in this package contain nuts.

Protein:

Smoky Chicken, Roasted Salmon

Lemony Kale, House Grains

Sides + Sauce:

Tomatoes & Peaches, Roasted Red Peppers, Chickpeas & Feta, Roasted Carrots, Spicy Red Pepper Sauce, Greek Yogurt Ranch

### Sweets:

Cornbread Muffins, Chocolate Chip Cookies, Seedy Cookies, Tahini Brownies

#### Premium Summer Happy Hour

299.00 / serves 10 - 12

Order is delivered with serving utensils, silverware, compostable bowls and labels. \*Items in this package contain nuts.

#### Includes:

Basil Turkey Meatballs w/ Spicy Red Pepper Sauce, Cornbread Muffins, Elote Corn Salad Cups, Cheese Platter, Tomato & Mozzarella Skewers, Chocolate Chip Cookies, Seedy Cookies, Tahini Brownies

#### **Premium Summer Breakfast**

299.00 / serves 10 - 12

Includes:

Egg Sandwich, Bacon, Sweet Potato Hash, Seasonal Fresh Fruit, Seedy Cookies, Intelligensia Coffee

## **Breakfast**

Serves 12 • Available All Day

### Egg Sandwiches 99.00 / 12 pieces

English Muffin, Scrambled Organic Eggs, Caramelized Onions, Havarti Cheese

Add Bacon +24.00

Add Avocado +20.00

### Egg Wraps 79.00 / 12 pieces

Wheat Tortilla, Scrambled Organic Eggs, Feta, Spinach, Sweet Potato, Roasted Red Pepper Sauce

Egg White Bites 29.00 / 12 pieces

Egg Whites, Feta, Spinach, Herbs, Spicy Red Pepper Sauce

# Overnight Oats 59.00 / 12 pieces

Gluten Free Oats, Chia Seeds, Oat Milk, Seasonal Compote

# Greek Yogurt Parfait 59.00 / 12 pieces

Greek Yogurt, Seasonal Compote, Gluten Free Granola

## Breakfast Pastries 65.00 / serves 10-12

Chocolate Croissant, Regular Croissant, Cornbread Muffins

# 

Roasted Pumpkin, Oat Flour, Cornmeal, Olive Oil, Maple Syrup



Sweet Potato, Harissa Spice House Blend, Red Onion, Spicy Red Pepper Sauce



Scrambled Eggs 49.00 / serves 10-12

Scrambled Organic Eggs



Crispy Smoked Applewood Bacon

## 



Oranges, Pineapple, Red Grapes, Peaches, Kiwi, Berries

# Seedy Cookie 35.00 / 16 pieces



Gluten Free Oats, SunButter, Maple Syrup, Hemp Seeds, Pumpkin Seeds, Flax Seeds

#### Intelligentsia Coffee Box 49.00 / serves 10-12

Includes sweetener, half + half, oat milk. Suggested serving size of 8oz per guest.







# **Breakfast Packages**

Serves 10-12

### Power Breakfast + Coffee 249.00 / serves 10-12

Sweet Potato Hash, Scrambled Organic Eggs, Bacon, Pastries, Seasonal Fruit, Intelligentsia Coffee

#### Wellness Breakfast 229.00 / serves 10-12

Egg White Bites, Overnight Oats, Seasonal Fresh Fruit, Seedy Cookies, Cornbread Muffins

#### Breakfast Bowls 169.00 / serves 10-12 / Build Your Own

Sweet Potato Hash, Scrambled Organic Eggs, Bacon, Spicy Red Pepper Sauce, Seasonal Fresh Fruit

# Lunch Packages

Serves 10-12 • Build Your Own

# Luxe Lunch + Dessert 269.00 / serves 10-12

Basil Turkey Meatballs, Smoky Chicken, Elote Corn Salad, Tomatoes & Peaches, Harissa Sweet Potatoes, Lemony Kale, House Grains, Spicy Red Pepper Sauce, Greek Yogurt Ranch, Tahini Brownies, Seedy Cookies, Chocolate Chip Cookies.

## Seasonal Lunch 199.00 / serves 10-12

Basil Turkey Meatballs, Smoky Chicken, Sweet & Sour Cucumbers, Roasted Red Peppers, Chickpeas & Feta, Tomatoes & Peaches, House Grains, Romaine & Spinach, Creamy Tahini, Spicy Red Pepper Sauce

### Build Your Own: Market Spread 199.00/serves 10-12

#### 1. Pick 2 Bases

Lemony Kale

Romaine & Spinach

**House Grains** 

### 2. Pick 2 Proteins

Smoky Chicken Miso Tofu

Avocado Mash Roasted Salmon +42.00

**Basil Turkey Meatballs** 

#### 3. Pick 3 Seasonal Sides

Tomatoes & Peaches Elote Corn Salad Green Goddess Slaw **Roasted Carrots** 

Harissa Sweet Potato Mac & Cheese Roasted Red Peppers, Chickpeas & Feta

Sweet & Sour Cucumbers

## 4. Pick 2 Signature Sauces

Spicy Red Pepper Creamy Tahini Herby Pesto

FARE Dressing Barbecue Sauce Greek Yogurt Ranch

# Happy Hour Packages



Luxe Happy Hour 10 279.00 / serves 10-12

Veggie Platter, Tomato & Mozzarella, Elote Corn Salad Cups, Cheese Platter, Tahini Brownies, Seedy Cookies, Chocolate Chip Cookies

## Seasonal Happy Hour 229.00 / serves 10-12

Cheese Platter, Elote Corn Salad Cups, Cornbread Muffin, Veggie Platter

# Lite Happy Hour 149.00 / serves 10-12

Veggie Platter, Tomato & Mozzarella Skewers, Cornbread Muffins

# Happy Hour A la Carte

## Basil Turkey Meatballs w/ Spicy Red Pepper Sauce 69.00

Local Ground Turkey, Ricotta, Olive Oil, Spicy Red Pepper Sauce

# 



Sustainable Salmon, Olive Oil, Green Goddess Dressing

# Elote Corn Salad Cups 59.00



Corn, Red Onion, Jalapeno, Cilantro, Cotija, Lime

# Mozzarella & Tomato Skewers 49.00

# Tomatoes, Mozzarella, Basil, Pesto

#### Cheese & Crackers

89.00 / Small (serves 12) | 139.00 / Large (serves 24)

Assorted Cheeses, Seeded Crackers, Olives, Almonds, Grapes, Apples

# Veggies & Dip 🚭



59.00 / Small (serves 12) | 89.00 / Large (serves 24)

Fresh Veggies, Green Goddess Dip

## 



Oranges, Pineapple, Red Grapes, Peaches, Kiwi, Berries

## Mac & Cheese 39.00

Local Cheddar, Parmigiano Reggiano, Warm Spices

### Harissa Sweet Potatoes 29.00



Oven Roasted Sweet Potato, Housemade Harissa, Maple Syrup

## Assorted Sweets Platter 45.00 / 16 pieces





Cornbread Muffins 29.00 / 16 pieces

Pumpkin, Oat Flour, Cornmeal, Olive Oil, Maple Syrup