

Whom may we thank for referring you to this office → _____?

APPLICATION FOR CARE AT *Elite Wellness Chiropractic*

[Please fill out form in ink]

Today's Date: _____

HRN: _____

PATIENT DEMOGRAPHICS

Name: _____ Birth Date: ____ - ____ - ____ Age: _____ ☐ Male ☐ Female

Address: _____ City: _____ State: _____ Zip: _____

E-mail Address: _____ Home Phone: _____

Mobile Phone: _____ Work Phone: _____

Occupation: _____ Employer: _____

Health Insurance: ☐ Yes or ☐ No Marital Status: ☐ Married ☐ Single ☐ Widowed Social Security #: _____

Name of Spouse: _____ Number of children and age: _____

Name & Number of Emergency Contact: _____ Relationship: _____

Accident Information

Is your problem the result of ANY type of accident? ☐ Yes, ☐ No

Please describe the accident in your own words: _____

Date of Accident: _____ Time of Accident: _____ ☐ a.m. ☐ p.m.

Road/Street Name: _____ City/State _____ Nearest Intersection: _____

Driving Conditions: ☐ Dry ☐ Wet ☐ Icy ☐ Other _____ Which direction were you headed? _____

Speed you were traveling? _____ Make & Model of vehicle you were in: _____

Were you wearing a seatbelt? ☐ Yes ☐ No If yes, what type? ☐ Lap ☐ Shoulder

Was the vehicle equipped with airbags? ☐ Yes ☐ No If yes, did it/they inflate properly? ☐ Yes ☐ No

Did your seat have a headrest? ☐ Yes ☐ No If yes, what was the position of the headrest? ☐ Low ☐ Mid-position ☐ High

Were you the: ☐ Driver ☐ Front Passenger ☐ Rear Passenger ☐ Pedestrian Did your car impact another vehicle? ☐ Yes ☐ No

How many people were in the accident vehicle? _____

Did your car impact a structure? ☐ Yes ☐ No If yes, explain _____

Did any part of your body strike anything in the vehicle? ☐ Yes ☐ No If yes explain _____

Was impact from: ☐ Front ☐ Rear ☐ Left ☐ Right ☐ Other _____ Were you: ☐ Surprised by impact ☐ Braced for impact

At the time of impact were you looking: ☐ straight ahead ☐ to the left ☐ up ☐ to the right ☐ down

Were both hands on the wheel? ☐ Yes ☐ No If no, which hand was on the wheel? ☐ Right ☐ Left

Was your foot on the brake? ☐ Yes ☐ No If yes, which foot was on the brake? ☐ Right ☐ Left

Other Vehicle (If applicable)

Make and model of other vehicle _____ Which direction was other vehicle headed? ☐ North ☐ South ☐ East ☐ West

Speed other vehicle was traveling _____

Did the police come to the accident? ☐ Yes ☐ No Were there any witnesses? ☐ Yes ☐ No Was a police report filed? ☐ Yes ☐ No

Was a traffic violation issued? ☐ Yes ☐ No If yes, whom? _____

HISTORY of COMPLAINT

Please identify the symptom(s) since your injury: Primarily: _____

Secondarily: _____ Thirdly: _____ Fourthly: _____

On a scale of **1** to **10** with **10** being the worst pain and **zero** being no pain, rate your above complaints by **circling the number**:

Primary or chief complaint is a: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Second complaints is a: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Third complaint is a: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Fourth complaint is a: 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

When is the problem at its worst? ☐ AM ☐ PM ☐ mid-day ☐ late PM ☐ All Day
 How long does it last? ☐ It is constant **OR** ☐ I experience it on and off during the day **OR** ☐ It comes and goes throughout the week
 Were you unconscious immediately after the accident? ☐ Yes ☐ No If yes, for how long? _____

Describe how you felt immediately after the accident: _____

Did you go to the hospital? ☐ Yes ☐ No When did you go? ☐ Immediately after accident ☐ Next day ☐ 2 days or more after the accident
 How did you get to the hospital? ☐ Ambulance ☐ Private transportation

Name of hospital _____ Name of doctor _____

Diagnosis _____ Treatment received _____

X-rays taken ☐ Yes ☐ No ☐ Other _____

Have you been treated or currently being treated by any other doctors a result of your injuries? ☐ No ☐ Yes If yes, when: _____

By whom? _____ Diagnosis _____ Treatment received _____

Are you still currently under care? ☐ Yes ☐ No If no, how long were you under care: _____

Have you been able to work since this injury? ☐ Yes ☐ No If yes, how many work days have you missed? _____

When you returned to work, have your injuries from the accident affected your work? Please explain _____

Prior to the injury were you able to work on an equal basis with others your age? ☐ Yes ☐ No

***PLEASE MARK** the areas on the Diagram **with the following letters** to describe your symptoms:

R = Radiating B = Burning D = Dull A = Aching N = Numbness S = Sharp/ Stabbing T= Tingling

What relieves your symptoms? _____

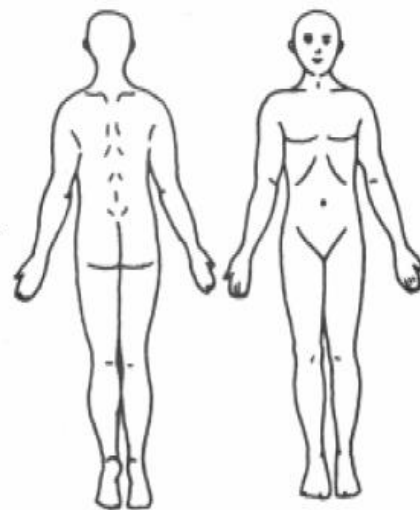
What makes them feel worse? _____

Is the condition getting progressively worse? ☐ Yes ☐ No If yes, in: ☐ Frequency ☐ Intensity

Can we send a report to your primary care provider on your condition and progress? ☐ Yes ☐ No

Primary Care Providers Name: _____ **Office Name:** _____

Phone: _____ **Address:** _____



LIST MOST RESTRICTED ACTIVITIES:

CURRENT ACTIVITY LEVEL

USUAL ACTIVITY LEVEL

_____:	_____	_____
_____:	_____	_____
_____:	_____	_____
_____:	_____	_____

List any other injuries to your spine, **minor or major**, that the doctor should know about: (Birth, Sports, Falls, Work Activity)

PAST HISTORY

Have you suffered with any of this or a similar problem in the past? ☐ No ☐ Yes **If yes:**

How many times? _____ When was the last episode? _____ How did the injury happen? _____

Other forms of treatment tried: ☐ No ☐ Yes **If yes**, please state **what** type of treatment: _____,
and **who** provided it: _____

How long ago? _____ What were the results. ☐ Favorable ☐ Unfavorable → please explain _____

Please identify any and all types of jobs you have had in the past that have imposed any physical stress on you or your body:

If you have ever been diagnosed with any of the following conditions, please indicate with a **P** for in the **Past**, **C** for **Currently** have and **N** for **Never have had**:

___ Broken Bone ___ Dislocations ___ Tumors ___ Rheumatoid Arthritis ___ Fracture ___ Disability ___ Cancer
___ Heart Attack ___ Osteoarthritis ___ Diabetes (Type I / II) ___ Cerebral vascular ___ other serious conditions:

PLEASE, identify ALL PAST and any CURRENT conditions you feel may be contributing your present problem:

	HOW LONG AGO	TYPE OF CARE RECEIVED	BY WHOM
INJURIES	→		
SURGERIES	→		
CHILDHOOD DISEASES	→		
ADULT DISEASES	→		

SOCIAL HISTORY

1. **Smoking:** ☐ cigars ☐ pipe ☐ cigarettes → How often? ☐ Daily ☐ Weekends ☐ Occasionally ☐ Never

2. **Alcoholic Beverage:** consumption occurs → ☐ Daily ☐ Weekends ☐ Occasionally ☐ Never

3. **Recreational Drug use:** ☐ Daily ☐ Weekends ☐ Occasionally ☐ Never

4. **Hobbies -Recreational Activities- Exercise Regime:** How does you present problem affect the following: **(See Attachment)**

FAMILY HISTORY:

1. Does anyone in your family suffer with the same condition(s)? ☐ No ☐ Yes

If yes whom: ☐ grandmother ☐ grandfather ☐ mother ☐ father ☐ sister's ☐ brother's ☐ son(s) ☐ daughter(s)

Have they ever been treated for their condition? ☐ No ☐ Yes ☐ I don't know

2. **Any other hereditary conditions the doctor should be aware of.** ☐ No ☐ Yes: _____



I hereby authorize payment to be made directly to Elite Wellness Chiropractic, for all benefits which may be payable under a healthcare plan or from any other collateral sources. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments, and further acknowledge that this assignment of benefits does not in any way relieve me of payment liability and that I will remain financially responsible to Elite Wellness Chiropractic for any and all services I receive at this office.

Patient or Authorized Person's Signature

____ - ____ - ____
Date Completed

Doctor's Signature

____ - ____ - ____
Date Form Reviewed

Patient's Name: _____

HR#: _____ / ____ / ____

Activities of Daily Living/Symptoms/Medications

Patient Name: _____

File# _____

Date: _____

Daily Activities: Effects of Current conditions On Performance

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

Care-Family Member	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Carrying Groceries	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Change Positions	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sit to Stand	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Climbing Stairs	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Work	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Driving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Extended Computer Use	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Household Chores	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Lifting Children	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Reading or Concentration	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Self Care- Bathing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Self Care- Dressing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Exercise or Recreation	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sexual Activities	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sleep	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Static Sitting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Static Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Yard work	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Walking	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform

HEALTH CONDITIONS:

Abnormal posture and spinal distortions are the result of traumas or stress to the body that have misaligned the vertebrae in your spine. When these vertebrae are twisted from their normal position, they will cause stress to the spinal cord and the delicate nerves that pass between the vertebrae. These misalignments are called Subluxations (sub-lux-a-shuns).

It has been extensively documented that subluxations, causing stress to your nerves, will weaken and distort the overall structure of your spine and create serious adverse effects on your overall health. Please mark any health conditions you are experiencing since your injury.

CERVICAL SPINE (NECK): Please mark P for in the Past, C for Currently have and N for Never

Postural distortions from subluxations in your neck will weaken the nerves into your arms, hands and head affecting these parts of your body. Do you experience...?

- | | | |
|-----------------------------------------------|------------------------------------------------------------|------------------------------------------------------------------|
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Convulsions / Epilepsy / Seizures | <input type="checkbox"/> Pain Into Your Shoulders / Arms / Hands |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Numbness / Tingling In Arms / Hands |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Coldness In Hands |
| <input type="checkbox"/> Thyroid Conditions | <input type="checkbox"/> Low Energy / Fatigue | <input type="checkbox"/> Weakness In Grip |
| <input type="checkbox"/> Visual Disturbances | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Hearing Disturbances | <input type="checkbox"/> Mood Changes | <input type="checkbox"/> Allergies / Hay Fever |
| <input type="checkbox"/> Poor Sleep | <input type="checkbox"/> ADD /ADHD | <input type="checkbox"/> Recurrent Colds / Flue / Ear Infections |

THORACIC SPINE (UPPER BACK): Please mark P for in the Past, C for Currently have and N for Never

Postural distortions from subluxations in the upper back will weaken the nerves to the heart and lungs and affect these parts of your body. Do you experience...?

- | | | |
|-------------------------------------------------|----------------------------------------------------|----------------------------------------------------------------|
| <input type="checkbox"/> Heart Palpitations | <input type="checkbox"/> Heart Murmurs | <input type="checkbox"/> Asthma Wheezing / Shortness Of Breath |
| <input type="checkbox"/> Heart Attacks / Angina | <input type="checkbox"/> Recurrent Lung Infections | <input type="checkbox"/> Recurrent Bronchitis |
| <input type="checkbox"/> Tachycardia | <input type="checkbox"/> Bradycardia | <input type="checkbox"/> Pain On Deep Inspiration / Expiration |

THORACIC SPINE (MID BACK): Please mark P for in the Past, C for Currently have and N for Never

Postural distortions from subluxations in the mid back will weaken the nerves into your ribs, chest and upper digestive tract, and affect these parts of your body. Do you experience...?

- | | | |
|-----------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Mid Back Pain | <input type="checkbox"/> Pain Into Your Ribs / Chest | <input type="checkbox"/> Indigestion / Heartburn / Reflux |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Ulcers / Gastritis | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Hypoglycemia | <input type="checkbox"/> Tired / Irritable After Eating Or When You Haven't Eaten For Awhile | |
| <input type="checkbox"/> Kidney Trouble | <input type="checkbox"/> Gallbladder Trouble | |

LUMBAR SPINE (LOW BACK): Please mark P for in the Past, C for Currently have and N for Never

Postural distortions from subluxations in the low back (resulting from Forward Head Syndrome) will weaken the nerves into your legs/feet and pelvic organs and affect these parts of your body. Do you experience...?

- | | | |
|-------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------------------|
| <input type="checkbox"/> Recurrent Bladder Infections | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Numbness/ Tingling In Your Legs / Feet |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Muscle Cramps In Your Legs / Feet | <input type="checkbox"/> Difficulty Urinating |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Sexual Dysfunction | <input type="checkbox"/> Menstrual Irregularities / Cramping (females) |
| <input type="checkbox"/> Pain w/ Cough/Sneeze | <input type="checkbox"/> Pain Into Your Hips / Legs / Feet | <input type="checkbox"/> Coldness In Your Legs / Feet |
| | | <input type="checkbox"/> Weakness In Lower Extremity |

List Prescription & Non-Prescription drugs you take: _____

QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name _____

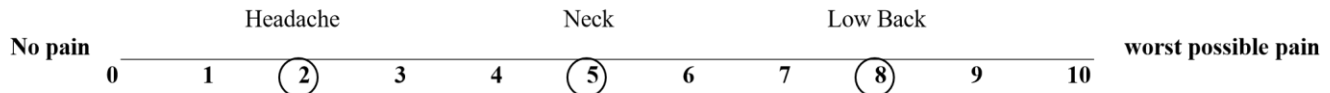
Date _____

Please read carefully:

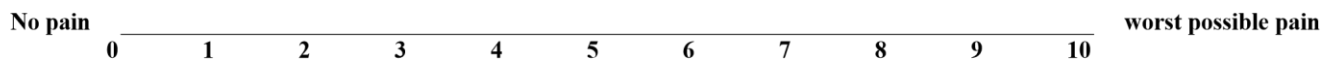
Instructions: Please circle the number that best describes the question being asked.

Note: If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and pain at its best and worst.

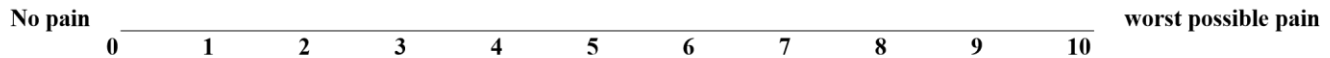
Example:



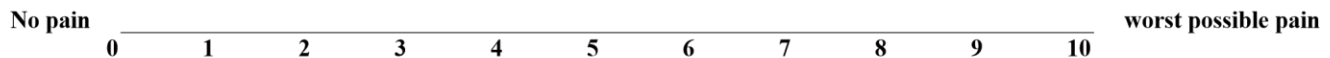
1 – What is your pain RIGHT NOW?



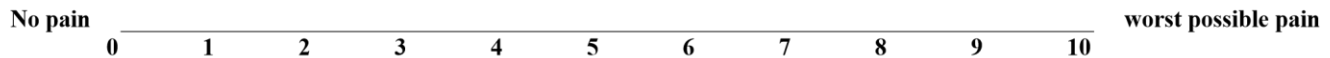
2 – What is your TYPICAL or AVERAGE pain?



3 – What is your pain level AT ITS BEST (How close to “0” does your pain get at its best)?



4 – What is your pain level AT ITS WORST (How close to “10” does your pain get at its worst)?



OTHER COMMENTS:

Examiner _____

Reprinted from *Spine*, 18, Von Korff M, Deyo RA, Cherkin D, Barlow SF, Back pain in primary care: Outcomes at 1 year, 855-862, 1993, with permission from Elsevier Science.

Informed Consent

REGARDING: Chiropractic Adjustments, Modalities, and Therapeutic Procedures:

I am advised that chiropractic care, like all forms of health care, holds certain risks. While the risk are most often very minimal, in rare cases, complications such as sprain/strain injuries, irritation of a disc condition, and although rare, minor fractures, and possible stroke, which occurs at a rate between one instance per one million to one per two million, have been associated with chiropractic adjustments.

Treatment objectives as well as the risks associated with chiropractic adjustments and, all other procedures provided at Elite Wellness Chiropractic have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.

_____/_____/_____  Witness Initials
Patient or Authorized person's Signature Date


REGARDING: X-rays/Imaging Studies

FEMALES ONLY → *please read carefully and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our receptionist for further explanation.*

☐ The first day of my last menstrual cycle was on ____-____-____ (Date)

I have been provided a full explanation of when I am most likely to become pregnant, and to the best of my knowledge, I am not pregnant.

By my signature below I am acknowledging that the doctor and or a member of the staff has discussed with me the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration I therefore, do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.

_____/_____/_____  Witness Initials
Patient or Authorized person's Signature Date

JDD,DC 5/2011

Elite Wellness Chiropractic NOTICE OF PRIVACY PRACTICE

This office is required to notify you in writing, that by law, we must maintain the privacy and confidentiality of your **Personal Health Information**. In addition we must provide you with written notice concerning your rights to gain access to your health information, and the potential circumstances under which, by law, or as **dictated by our office policy**, we are permitted to disclose information about you to a third party without your authorization. Below is a brief summary of these circumstances. If you would like a more detailed explanation, one will be provided to you. In addition, you will find we have placed several copies in report folders labeled '**HIPAA**' on tables in the reception. Once you have read this notice, please sign the last page, and return only the signature page (page 2) to our front desk receptionist. Keep this page for your records.

PERMITTED DISCLOSURES:

1. Treatment purposes- discussion with other health care providers involved in your care
2. Inadvertent disclosures- open treating area mean open discussion. If you need to speak privately to the doctor, please let our staff know so we can place you in a private consultation room.
3. For payment purposes - to obtain payment from your insurance company or any other collateral source.
4. For workers compensation purposes- to process a claim or aid in investigation
5. Emergency- in the event of a medical emergency we may notify a family member
6. For Public health and safety - in order to prevent or lessen a serious or eminent threat to the health or safety of a person or general public.
7. To Government agencies or Law enforcement – to identify or locate a suspect, fugitive, material witness or missing person.
8. For military, national security, prisoner and government benefits purposes.
9. Deceased persons –discussion with coroners and medical examiners in the event of a patient's death.
10. Telephone calls or emails and appointment reminders -**we may call your home and leave messages** regarding a missed appointment or apprise you of changes in practice hours or upcoming events.
11. Change of ownership- in the event this practice is sold, the new owners would have access to your PHI.

YOUR RIGHTS:

1. To receive an accounting of disclosures
2. To receive a paper copy of the comprehensive "Detail" Privacy Notice
3. To request mailings to an address different than residence
4. To request Restrictions on certain uses and disclosures and with whom we release information to, although we are not required to comply. If, however, we agree, the restriction will be in place until written notice of your intent to remove the restriction.
5. To inspect your records and receive one copy of your records at no charge, with notice in advance
6. To request amendments to information. However, like restrictions, we are not required to agree to them.
7. To obtain **one copy** of your records at no charge, when timely notice is provided (72 hours). **X-rays** are original records and you are therefore not entitled to them. If you would like us to outsource them to an imaging center, to have copies made, we will be happy to accommodate you. However, you will be responsible for this cost.

COMPLAINTS:

If you wish to make a formal complaint about how we handle your health information, please call 512-297-2288 to speak with Dr. Lewis. If he is unavailable, you may make an appointment with our receptionist to see him within 72 hours or 3 working days . If you are still not satisfied with the manner in which this office handles your complaint, you can submit a formal complaint to:

DHHS, Office of Civil Rights
200 Independence Ave. SW
Room 509F HHH Building
Washington DC 20201

Patient initials: _____-retaining page 1 of 2

Elite Wellness Chiropractic's NOTICE REGARDING YOUR RIGHT TO PRIVACY continued....

I have received a copy of Elite Wellness Chiropractic's Patient Privacy Notice. I understand my rights as well as the practices duty to protect my health information, and have conveyed my understanding of these rights and duties to the doctor. I further understand that this office reserves the right to amend this 'Notice of Privacy Practice' at an time in the future and will make the new provisions effective for all information that it maintains past and present.

I am aware that a more comprehensive version of this "Notice" is available to me and several copies kept in the reception area. At this time, I do not have any questions regarding my rights or any of the information I have received.

Patient's Name

DOB

HR#

Patient signature

Date

Witness

Date

OUR OFFICE POLICIES

Welcome to Elite Wellness Chiropractic

As a potential new patient, we feel it is important that you understand our office policies regarding, how patients of this practice are cared for, and the various methods we offer to facilitate payment for that care. Please read each policy carefully so there is no misunderstanding as to what you can expect as a patient of this practice, and what we expect in return. Once you have read "Our Office Policies", if you have any questions or any of these policies are unclear to you, and you would like further explanation before submitting your **Application for Care**, please let our front desk know and a member of our staff will be happy to discuss them with you further. We believe it is in everyone's best interests to provide potential new patients as much information as possible about how the doctors at this office practice chiropractic so that an informed decision can be made as to whether they wish to become a patient.

Over time, individuals who are accepted, as patients at this office, gain a greater understanding as to the purpose of chiropractic. Since the majority of patient care occurs in an open bay area, patients have a unique opportunity to observe firsthand the positive results that are achieved and the benefits derived from being under chiropractic care. This knowledge and awareness reaps a positive environment that promotes healing and encourages families to maintain good health. We want your experience with us to be an exceptional one, so help us to help you and together we can make affirmative changes in your life and the lives of those you care about.

☐ **PATIENT PRIVACY** - Since the majority of patient care takes place in an open bay area it is important to understand that any conversations you have with the doctor can be overheard by other patients. In order to maintain patient privacy it is the policy of this practice to refrain from discussing any confidential matters with patients during treating hours while patients are being adjusted. If you have a confidential matter you wish to discuss please let us know and we will schedule time for you to speak to the doctor in a private consultation room. These consultations must be scheduled in advance.

☐ **YOUR CARE** - When a patient seeks chiropractic health care and we agree to provide that care, it is essential for the patient and the doctor to be working toward the same objective. Chiropractic care at Elite Wellness Chiropractic is rendered primarily to minimize and reduce subluxations, which are a major interference to the expression of the body's innate wisdom. The doctors a myriad of techniques to accomplish this goal, including but not limited to Diversified, Pettibon, Chiropractic Biophysics, Clear Institute, and Thompson techniques. It is important that you understand both the objective and the method(s) so there is no confusion or disappointment. Tremendous progress has been made in the rehabilitating and correction of spinal problems. Where in the past, chronic spinal structural problems could not be reversed or corrected, today they can. Your doctor will outline a course of treatment that will take you beyond simple pain relief, through two distinct phases of care to make a structural correction to your spine that will enable your central nervous system to function optimally, thereby improving you overall health.

☐ **FIRST THINGS FIRST**- Prior to receiving chiropractic care at this office, a health history and examination will be completed. Imaging studies as well as any other necessary diagnostics may also be ordered, to confirm the true nature of your condition and exact location of subluxations. The results of these procedures will aid in assessing your presenting problem, your overall health and, in particular, the condition of your spine. They will also assist the doctor in determining the type and amount of care you will need. All relevant findings will be reported to you along with care plan recommendations so that you can make the best possible decision regarding your health care needs. Our gold standard for care is to ensure the reduction of subluxation while teaching patients what they need to do in addition to being adjusted to maintain their health for a lifetime.

☐ **PATIENT'S REPORT OF FINDINGS** - To enhance your understanding of the chiropractic approach that will be used to manage your health, immediately following your first adjustment, you will be scheduled for a 'Doctors Report of Findings'. The information you receive at this appointment will be both informative and clinically relevant to your case, therefore attendance is required for individuals who wish to become new patients of this practice. Because the results of your x-rays and all examinations as well as the doctors' recommendations for care, will be discussed at that time, we strongly urge new patients to invite their spouse or significant other to attend. We know from experience that when a patient's family understands the goals and objectives of chiropractic care and how restoring and maintaining good health can affect their lives as well, they become infinitely supportive and helpful in making important decisions concerning treatment options.

Note: Patient retains the above Notice of Office Policies and Elite Wellness CHIROPRACTIC retains the signature sheet.

Patient initials: _____-retaining pages 1 of 2

I hereby acknowledge receiving a copy of the practices 'Office Policies' a two page document, the first page of which I have read and retained. This second page is recognized by me as the signature page and will be retained by the practice as evidence of my receiving and understanding this 'Notice'. I further acknowledge that any concerns regarding these 'Policies' as well as all my questions have been answered by a qualified member of the staff to my complete satisfaction.

Patient's Name

DOB

HR#

Patient signature

Date

Witness

Date