

COMPLETE PANCAKE AND WAFFLE MIX



Size	Unit Code	Case Code	Case UPC	Pack
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32 oz	035406030634	10035406030631	35406-03063	12
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Nutrition Facts

Servings per container
Serving size 1/3 cup dry mix (39g) Makes 3-4 pancakes

Amount per Serving	Calories	140
% Daily Value*		
Total Fat	1.5 g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Polyunsaturated Fat	0.5 g	
Monounsaturated Fat	0.5 g	
Cholesterol	10 mg	3%
Sodium	470 mg	20%
Total Carbohydrate	28 g	10%
Dietary Fiber	less than 1g	4%
Total Sugars	5 g	
Includes	5g Added Sugars	10%
Monounsaturated Fat		
Protein	3g	
Vitamin D	100 mg	0%
Calcium	0g	8%
Iron	1.4 mg	8%
Potassium	40 mg	0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Enriched Bleached Flour (Bleached Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening (Contains One or More of the Following: Palm Oil and/or Soybean Oil, Propylene Glycol Mono and Diesters, Mono and Diglycerides, Soy Lecithin, Citric Acid [Preservative]), Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or Less of Each of the Following: Modified Corn Starch, Dextrose, Wheat Starch, Salt, Cellulose Gum, Guar Gum, Natural and Artificial Flavor, Yellow 5, Yellow 6.

CONTAINS

Soy, Wheat.