

OLD FASHIONED PANCAKE AND WAFFLE MIX



Size	Unit Code	Case Code	Case UPC	Pack
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16 oz	035406030610	10035406030617	35406-03060	12
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Nutrition Facts

About 9 servings per container
Serving size 1/3 Cup dry mix (48g) Makes Three 4" pancakes

Amount per Serving		Calories	160
% Daily Value*			
Total Fat	0.5g		1%
Saturated Fat	0g		0%
Trans Fat	0g		
Polyunsaturated Fat	0g		
Monounsaturated Fat	0g		
Cholesterol	0mg		0%
Sodium	660mg		29%
Total Carbohydrate	35g		13%
Dietary Fiber	<1g		3%
Total Sugars	6g		
Includes	6g Added Sugars		12%

Protein	1g
Vitamin D	0mcg
Calcium	100g
Iron	1.7mg
Potassium	0mg

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or Less of: Salt, Calcium Carbonate.

CONTAINS

Wheat.

OLD FASHIONED PANCAKE AND WAFFLE MIX



Size	Unit Code	Case Code	Case UPC	Pack
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32 oz	035406030627	10035406030624	35406-03062	12
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Nutrition Facts

About 19 servings per container	
Serving size 1/3 Cup dry mix (48g) Makes Three 4" pancakes	
Amount per Serving	
Calories	160
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 660mg	29%
Total Carbohydrate 35g	13%
Dietary Fiber <1g	3%
Total Sugars 6g	
Includes 6g Added Sugars	12%
Protein 1g	
Vitamin D 0mcg	
Calcium 100g	8%
Iron 1.7mg	10%
Potassium 0mg	0%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate), Contains 2% or Less of: Salt, Calcium Carbonate.

CONTAINS

Wheat.