

BRYAN GILE

.....
SPEAKER | AUTHOR | PRO-ATHLETE | ENTREPRENEUR



Bryan Gile is a captivating keynote speaker, five-star author, and 8x skydiving world record holder who **helps students break through self-doubt, overcome apathy, and build the mental toughness** to take real action toward their biggest goals. With over 12,000 skydives and a record-breaking athletic career, Bryan knows what it takes to perform under extreme pressure with unshakeable confidence, and he knows how to teach it.

As the author of *Be Great Be Happy*, Bryan delivers clear, science-backed strategies students can apply the same day he speaks, including his signature 3-step Positive Immediate Action (PIA) framework, a simple, repeatable system for interrupting negative thinking and taking decisive action toward any goal.

Bryan's keynotes blend humor, vivid storytelling, breathtaking extreme sports footage, and neuroscience-backed tools that give students a genuine mental edge – in the classroom, on the field, and in life. His story isn't about being born talented or lucky. It's about a specific set of mental tools that changed everything, and how every student in your auditorium can use them too.

School administrators choose Bryan for his rare ability to hold a young audience's attention from the first minute to the last, and leave them with something real, repeatable, and worth remembering long after the assembly ends.

SIGNATURE TOPICS

POSITIVE IMMEDIATE ACTION

BUILDING UNSHAKEABLE STUDENT CONFIDENCE

OVERCOMING APATHY & BUILDING MENTAL TOUGHNESS

email: gile@bryangile.com

www.bryangile.com

858-999-5044



INTRODUCTION TO

BRYAN'S TALKS

WHAT PEOPLE ARE SAYING

"Bryan, our students loved you! Your energizing advice had a real impact on their professional and personal growth."

- Marcus Wardley
Cal State University San Marcos

"BRYAN'S APPROACHABLE MANNER AND CLARITY IN COMMUNICATION COMBINE TO DELIVER IMPACTFUL PRESENTATIONS."

- Nik Robinson
Former Global Head of Sales Surf Lakes Ltd

"WOW, I HAVE BEEN LOOKING FOR THESE INSIGHTS MY ENTIRE LIFE."

- Brooks Bash
Founder Earthy Co

"BRYAN KILLED IT!"

- Jessica Mahoney
Surf Park Central

THE BREAKTHROUGH FORMULA: WHAT 8 SKYDIVING WORLD-RECORDS TAUGHT ME ABOUT ACHIEVING THE IMPOSSIBLE

In this keynote, students uncover the mental barriers holding them back from their greatest potential and walk away with a winning formula of proven habits that stack the odds of breakthrough results in their favor.

- Why your inner voice dominates the outcomes of your outer world.
- Step-by-step: how to build a system of consistent daily actions that create unshakeable self-belief and silence destructive thinking

POSITIVE IMMEDIATE ACTION: THE 3-STEP SCIENCE-BACKED SYSTEM TO REWIRE YOUR MINDSET AND TAKE CONTROL OF YOUR FUTURE

In this talk, students discover the science-backed formula used by elite athletes and top achievers worldwide, and how to apply it immediately to overcome apathy, build mental toughness, and take real action toward their biggest goals.

- Why unshakeable self-belief is the foundation of world-class results and exactly how any student can build it starting today.

UNSTOPPABLE: THE MENTAL HABITS OF WORLD-CLASS ATHLETES – AND HOW ANY STUDENT CAN USE THEM STARTING TODAY

In this keynote, students learn how the world's greatest athletes and highest achievers think, train, and perform under pressure, with real insights from record-breaking competitors and elite performers across the globe.

- How to overcome self-doubt, eliminate distractions, and take relentless action toward any goal.
- The mental habits your students can install today to perform at their best when it matters most.

GET IN TOUCH

PLEASE FEEL FREE TO REACH OUT FOR ANY QUESTIONS

email: gile@bryangile.com

www.bryangile.com

858-999-5044

