

Interview Transcript

Sarah Hampton | Jul 31, 2026 at 11:53 AM | en-US

Recruit AI

0:00

Hi, I'm from Ultimate Longevity Center calling about your AI-powered interview. How are you doing?

Sarah Hampton

0:06

I'm doing well.

Recruit AI

0:09

Thanks for your interest in the Ultimate Longevity Center General Manager position with us. I'm excited to connect to learn more about your experience and how this role could be a fit for you. As part of the first step in our screening process, I'd like to get to know you better and answer any questions you had about the role and company - it should take around 10 minutes. Do you have any questions about the interview format?

Sarah Hampton

0:31

No. I find it very interesting.

Recruit AI

0:35

Great! Let's get started then. Tell us about yourself and what attracted you to this opportunity.

Sarah Hampton

0:43

My name is Sarah Beth. And I am a licensed school specialist I've been working in medical wellness now for about three years. Prior, I did have management experience as an assistant for in Fort Lauderdale as well as Coral Springs. And I got into wellness because I was supposed to be permanently disabled. And so I really was looking for alternative care and I was told by all the doctors that things like red light and Piper Burk chambers and cryotherapy were pseudoscience. And so I stopped going back to doctors, and I really fell in love with all alternative and holistic therapy. And I have been running the aesthetic department for three years here at Restore Hyper Walnut. And I'm looking to transition back into a management role.

Recruit AI

1:47

Thanks for sharing your background. It's inspiring to hear how personal experiences led you into the wellness field. Let's dive a bit deeper. Can you tell us about a time you influenced someone to make a decision or take action?

Sarah Hampton

2:02

Are we talking business or personal?

Recruit AI

2:06

Let's focus on a professional example. Can you share an experience from your work where you influenced a decision or action?

Sarah Hampton

2:14

I have many clients who have just come in to get facials and ended up on full wellness regimens, including hyperbaric NAD therapy. So is something I'm really passionate about. Red light, infrared, as well as full body compression and sauna. Doing cryotherapy on top of all of it.

Recruit AI

2:38

That's great to hear how you guided clients towards a more comprehensive wellness approach. What experience do you have that makes you a strong fit for this General Manager position?

Recruit AI

2:58

Just wanted to check if you're still with me. Are you there?

Recruit AI

3:12

It seems you might have stepped away for a moment. Just wanted to see if you're still with me?

Recruit AI

3:27

Just wanted to check in and see if you're still with me. Are you able to continue?

Recruit AI

3:42

Are you still with me? Please let me know if you're ready to continue.

Recruit AI

3:56

It seems you might be busy. If you're ready to continue, let me know. I'm here whenever you're ready.