

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Veggies

Pasta

Sandwiches

Sweet Treats

Margherita pizza & oven baked wedges	Mixed bean bolognaise with penne pasta	Vegetable sausages with roast potatoes & gravy	Pea-powered vegetable stir fry with carrot rice	Vegetable nuggets, chips & tomato ketchup
Pepperoni pizza & oven baked wedges	Beef & lentil bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice	Fish fingers, chips & tomato ketchup
Broccoli	Carrots & peas	Carrot & cabbage	Broccoli & Cauliflower	Baked Beans
Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Lemon shortbread biscuit	Chocolate & banana brownie sponge	Apple Strudel & Custard	Baked apple & cinnamon sponge	Chocolate Shortbread

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

Monday

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OPTION 2

Veggies

Pasta

Sandwiches

Sweet Treats

Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Veggie all day breakfast	Quorn dippers, chips & tomato ketchup
Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Broccoli	Peas	Carrots & cauliflower	Baked beans	Peas
Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Traditional Flapjack	Oaty apple crumble & custard	Chocolate Mousse	Carrot cake with orange glaze	Chocolate fruit crispie cake

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	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Pea-powered cottage pie with gravy	Baked creamy mac 'n' cheese	Vegan Sausage roll, chips & tomato ketchup
OPTION 2	Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked Beans
Pasta	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce	Penne pasta with house tomato sauce
Sandwiches	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Chocolate Shortbread	Apple & summer berry crumble with custard	Lemon Sponge & Custard	Garden Brownie	Strawberry Mousse

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