

MENU WEEK 1

SERVED W/C:

17th Nov | 8th Dec | 19th Jan | 9th Feb |
2nd Mar | 23rd Mar | 13th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION

1

OPTION

2

TURKEY & CHEESE
PASTA (HALAL)

TRADITIONAL CREAMY BEEF
LASAGNE (HALAL)



ROAST CHICKEN WITH ROAST
POTATOES & GRAVY (HALAL)

SWEET & SOUR CHICKEN
& RICE (HALAL)



MSC APPROVED FISH
FINGERS & CHIPS

CHEESE & BEAN
LASAGNE



MARGHERITA
PIZZA & WEDGES



VEGAN LENTIL & STUFFING
PASTRY ROLL



VEGETABLE BOLOGNAISE WITH
PENNE PASTA



VEGAN VEGETABLE NUGGETS
& CHIPS



CARROTS
& PEAS



BROCCOLI



ROASTED CARROTS
& PARSNIPS



PEAS



BAKED
BEANS



HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

VEGGIES



SANDWICHES



AVAILABLE EVERY DAY

OUR CRUNCHY COLOURFUL SALAD & JACKET POTATOES WITH CHEESE, BEANS OR TUNA MAYO

SWEET
TREATS



BLUEBERRY
COOKIE BAR



CHOCOLATE &
BANANA BROWNIE



STRAWBERRY YOGHURT
& STRAWBERRY SAUCE



APPLE &
COCOA SPONGE



RASPBERRY
JELLY



DESSERTS AVAILABLE EVERY DAY - A CHOICE OF JELLY, FRUIT OR YOGHURT

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 26th Jan
| 16th Feb | 9th Mar | 30th Mar | 20th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

OPTION
2

MSC APPROVED
SALMON PASTA BAKE



CHICKEN & BEEF SAUSAGES,
MASHED POTATOES & GRAVY
(HALAL)

ROAST TURKEY WITH ROAST
POTATOES & GRAVY (HALAL)

MILD CARIBBEAN CHICKEN CURRY
& CARROT RICE (HALAL)



MSC APPROVED
FISH & CHIPS

MARGHERITA
PIZZA & WEDGES



VEGAN SAUSAGE WITH MASHED
POTATOES & GRAVY



VEGAN COTTAGE PIE &
GRAVY



CHEESY CAULIFLOWER
PASTA BAKE



TEX-MEX VEGETABLE
FAJITA WRAP



PEAS



CARROT
& PEAS



BROCCOLI &
CAULIFLOWER



CARROT &
MIXED SALAD



BAKED
BEANS



HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

VEGGIES



SANDWICHES



AVAILABLE EVERY DAY

OUR CRUNCHY COLOURFUL SALAD & JACKET POTATOES WITH CHEESE, BEANS OR TUNA MAYO

SWEET
TREATS



STRAWBERRY
MOUSSE



OATY APPLE
CRUMBLE & CUSTARD



ORIGINAL
FLAPJACK



CHOCOLATE &
CARROT MUFFIN



RASPBERRY JELLY &
MANDARINS



DESSERTS AVAILABLE EVERY DAY – A CHOICE OF JELLY, FRUIT OR YOGHURT

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 3

SERVED W/C:

10th Nov | 1st Dec | 22nd Dec | 12th Jan |
2nd Feb | 23rd Feb | 16th Mar | 6th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

OPTION
2

QUORN DIPPERS WITH OVEN
BAKED WEDGES & TOMATO
KETCHUP



BEEF BOLOGNAISE PENNE
PASTA (HALAL)



ROAST CHICKEN WITH ROAST
POTATOES & GRAVY (HALAL)

CREAMY CHICKEN CURRY
& CARROT RICE (HALAL)



MSC APPROVED FISH
FINGERS & CHIPS

MIXED VEGETABLE & BEAN
FAJITA & OVEN BAKED
WEDGES



VEGAN BOLOGNAISE RAGU
PENNE PASTA



ROAST QUORN FILLET WITH
ROAST POTATOES
& GRAVY



BAKED MAC 'N'
CHEESE



VEGAN SAUSAGE ROLL
& CHIPS



PEAS
& CARROTS



SWEETCORN



BROCCOLI,
CAULIFLOWER & PEAS



CARROT &
MIXED SALAD



BAKED
BEANS



HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

HAM
CHEESE
TUNA
CHICKEN (HALAL)

VEGGIES



SANDWICHES



AVAILABLE EVERY DAY

OUR CRUNCHY COLOURFUL SALAD & JACKET POTATOES WITH CHEESE, BEANS OR TUNA MAYO

SWEET
TREATS



STRAWBERRY YOGHURT &
STRAWBERRY SAUCE



MIXED BERRY & APPLE CRUMBLE
WITH CUSTARD



ORANGE JELLY
& MANDARINS



GINGERBREAD SQUARES
WITH CUSTARD



GARDEN
BROWNIE



DESSERTS AVAILABLE EVERY DAY – A CHOICE OF JELLY, FRUIT OR YOGHURT

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

