

Which program is right for you?

Residential (three delivery options) or Outpatient - choose what best reflects your situation.

Residential program (3 delivery options)	Separate option: Outpatient
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Question	Residential - Noosa Residence	Residential - Independent Accommodation	Residential - Noosa Exclusive	Outpatient
Do you need to step away from your current environment?	Yes - full reset required	Yes - with your own space	Yes - fully managed around you	No - can remain at home
How much structure do you need outside sessions?	High - fully structured	Moderate - self-managed between sessions	Flexible - supported, less rigid	Low - structured sessions only
What level of privacy do you need?	Private small-client setting	High - your own accommodation	Maximum - fully discreet	Standard
Can you manage independently between sessions?	Not yet	Yes	Yes, with support available	Yes
Do you need to maintain work or life commitments?	No - step away fully	Some flexibility	Fully integrated if needed	Fully maintained
Level of service and support around you	Structured, in-house support	Clinical program with independent living	Fully managed, concierge-led	Clinical program only
Best suited for	Early-stage recovery, instability, or need for containment	Stable clients wanting space and autonomy	High privacy, high responsibility, complex logistics	Clients who can safely remain at home

Important: Be honest about where you are - not where you want to be.
Not sure? We'll guide you through this before you commit - because the right model matters.

Contact

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