

Guest checklist: Tips for recording day

Before you begin recording, here are just a few things to keep in mind and keep handy at your desk.

- ☐ You'll be recording on Riverside. Your host will send you a link to their recording studio.
 - Joining on your desktop or laptop? No need to download anything! You can join the session using Google Chrome, Microsoft Edge, or Safari browsers.
 - Joining on your phone or iPad? Download [Riverside's mobile app](#)
- ☐ Wear a pair of wired headphones if you have them
- ☐ Position your camera at eye level if you can
 - Tip: You can use a stack of books as an at-home laptop or phone stand
- ☐ Have a glass of water handy
- ☐ Silence your phone and pause computer notifications
- ☐ Close out any unnecessary apps, browser windows or VPNs
- ☐ Sit in a quiet room and be mindful of background noise (like squeaky desk chairs, pets, open windows, loud air conditioners)
- ☐ If you own one, use an external microphone instead of your computer's microphone. A built-in microphone on wired headphones can also work as an alternative.
- ☐ If you have a window in your room, try to sit facing the window, rather than having a window behind you. The strongest light should be facing you.
- ☐ Relax! And have fun :)

If you have any questions, feel free to reach out to the show's host or point of contact.