

TALK TO DARRYL

PROGRAM DESCRIPTIONS

AVAILABLE IN KEYNOTE OR WORKSHOP FORMAT

CAN'T FIND WHAT YOU NEED? ASK ABOUT CUSTOM OPTIONS.

FOR LEADERS

MORE FEARLESS MOMENTS:

OVERCOMING YOUR FEARS TO LEAD WITH MORE COURAGE

Leading is undoubtedly challenging, but doing so without fear is even more demanding. Darryl's extensive experience reading thousands of students' written fears revealed a recurring pattern. Most of our leaders' anxieties can be traced back to four fundamental questions: Am I enough? What if I fail? What will they think? Do I have the resources to succeed?

Through our program, students can identify their fears of leading with full potential and discover their similarities with their peers. Our engaging LIVE or Virtual program aims to foster community among student leaders, leaving them feeling more connected and empowered to take risks and create a positive legacy.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- their fears are no different from their peers around them, and they're not alone
- top fears and worries of other leaders in the room and around the nation
- actionable and research-backed strategies they can use immediately to start creating and leading with more courage
- how to use The Fearless Band™ a daily reminder to choose courage over fear

"I CAN NOT BEGIN TO EXPRESS HOW EXCITED, MOVED, AND INSPIRED I WAS BY HIS KEYNOTE; I WAS SO IMPRESSED I IMMEDIATELY ENCOURAGED THE PERSON WHO WORKS WITH OUR EMERGING LEADERS PROGRAM TO BOOK DARRYL FOR THAT RETREAT."

MINDY SIDES-WALSH | DIRECTOR OF LEADERSHIP DEVELOPMENT | UNC-CHARLOTTE

FOR FIRST-YEAR STUDENTS

FEARLESS FOUNDATIONS:

FIRST YEAR STRATEGIES FOR NAVIGATING WHILE SCARED.

First-Year Fearless is a program designed to support students as they embark on their college journey. This program provides students with a platform to acknowledge and address their anxieties about the upcoming year, while simultaneously hearing their peers' fears in real-time through either a live or virtual setting.

Darryl, drawing on his extensive research and collection of thousands of first-year students' fears nationwide, shares relatable stories and actionable strategies to help students navigate the challenges ahead. The program empowers students to confront their fears instead of avoiding them, and provides resources to help them succeed.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- the top fears of first-year students in the room around the country
- typical first-year pitfalls and actionable strategies to create a strong foundation
- how to harness their fear of taking action, recovering from failure, and pushing through self-doubt to create momentum.
- how to use The Fearless Band™ (provided or mailed to campus) as a daily reminder to choose courage over fear.



DARRYL WAS UPBEAT AND HAD THE AUDIENCE ENGAGED FROM THE MINUTE HE STEPPED ON STAGE. HE CONNECTED WITH THE STUDENTS AND IT WAS INTERESTING WATCHING HOW THEY RESPONDED TO WHAT HE WAS SAYING. THE "I FEAR" MESSAGES WERE POWERFUL, SO POWERFUL THAT I AM HAVING THEM TYPED UP TO GIVE TO FACULTY TO SHOW THEM WHAT OUR STUDENTS ARE DEALING WITH ON AN EVERYDAY BASIS.

FOR FIRST-GENERATION COLLEGE STUDENTS

FEARLESS-ISH

EMPOWERING FIRST-GENERATION COLLEGE STUDENTS

First-generation college students may face unique challenges that can be daunting. Financial struggles, imposter syndrome, and navigating higher education can create uncertainty and self-doubt. However, these obstacles do not have to stand in the way of success.

In this program, participants will explore the power of fearlessness and resilience. The engaging program will help them connect with peers and discover they are not alone in their struggles. They will learn strategies for overcoming fear and self-doubt and discover how to leverage their unique strengths to achieve their goals.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- Their fears are no different from their peers around them, and they're not alone
- Identify and confront fears and self-doubt commonly experienced by firstgeneration college students.
- Resilience strategies to overcome obstacles to success in higher education.
- How to leverage individual strengths to achieve academic and personal goals.
- How to develop a supportive community of peers to share experiences and provide mutual encouragement and support.
- How to use The Fearless Band $^{\scriptscriptstyle\mathsf{TM}}$ a daily reminder to choose courage over fear

DARRYL IS AMAZING. IT'S WAS A NEW EXPERIENCE FOR OUR STUDENTS AND THEY LOVED EVERY MOMENT OF IT. WE HAD MORE EVALUATIONS COMPLETED FOR THIS EVENT THAN ANY OTHER DURING THE WEEK. THE RESPONSES WERE OVERWHELMINGLY POSITIVE. WE LOVE DARRYL AT JSU!

Assistant Director
TRiO Upward Bound Programs

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FOR FRATERNITIES & SORORITIES

GREEK IMAGE TO ACTION:

FEARLESSLY BRIDGING THE "COURAGE" GAP

Although our greek letter organizations accomplish great feats on campus, we must ask ourselves whether we are doing enough. We often boast about "running" the campus, but do our daily actions align with our founding principles and the image we project when recruiting new members?

Our program is designed to help students confront their apprehensions about voicing their opinions within a group and understand the significance of their contributions. Furthermore, it offers actionable strategies to cultivate a chapter/community culture that promotes brave thinking and action among its members.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- how to conquer their inner worries and fears to make positive changes within their chapter/council/campus.
- how to build a culture where doing the right thing is accepted
- how their organization values demand a fearless outlook to survive
- how to use The Fearless Band™ (provided or mailed to campus) as a daily reminder to choose courage over fear.

HE MADE THE EVENT FEEL LIKE IT WAS ONE OF OUR FRIENDS
JUST TALKING TO US ABOUT FACING OUR FEARS AND BEING A
LEADER. THIS CAUSED EVENT-GOERS TO REALLY OPEN UP MORE.

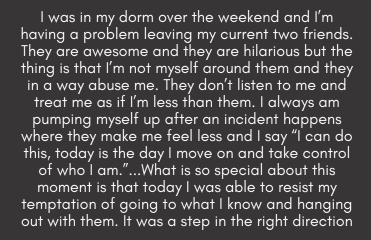
WHAT IS THE FEARLESS BAND?

secret message hidden on the inside



No Words All black on the outside

THE BAND IS A DAILY REMINDER OF THE FEARLESSNESS YOU HAVE INSIDE.



-fearless story from a student



EVERY STUDENT RECEIVES A BAND

OVER 60,000 GIVEN TO AUDIENCES

STUDENTS TODAY
ARE MORE
FEARFUL &
DISTRACTED THAN
EVER...

YOU KNOW WHAT YOUR STUDENTS ARE CAPABLE OF, BUT THEY LET THE FEAR OF FAILURE, THE VOICE OF "NOT ENOUGH," "AND WHAT THEIR PEERS AND OTHERS THINK TO CARRY FAR TOO MUCH WEIGHT.

LET'S DO SOMETHING ABOUT IT.



TALK TO DARRYL

CALL OR TEXT

TEXT "FEARLESS" TO 980-217-2441

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