

COLLEGE/UNIVERSITY

EXPERIENCE GUIDE

“WOW.... HE FILLED THE ROOM, AND
TOTALLY ENGAGED HIS AUDIENCE!

- KATHYRN SHAW | ST. CLOUD STATE UNIVERSITY/MULTICULTURAL STUDENT SERVICES

”

TALK TO DARRYL

PROGRAM DESCRIPTIONS

AVAILABLE IN KEYNOTE OR WORKSHOP FORMAT

CAN'T FIND WHAT YOU NEED?
ASK ABOUT CUSTOM OPTIONS.

FOR LEADERS

MORE FEARLESS MOMENTS:

OVERCOMING YOUR FEARS TO LEAD WITH MORE COURAGE

Leading is undoubtedly challenging, but doing so without fear is even more demanding. Darryl's extensive experience reading thousands of students' written fears revealed a recurring pattern. Most of our leaders' anxieties can be traced back to four fundamental questions: Am I enough? What if I fail? What will they think? Do I have the resources to succeed?

Through our program, students can identify their fears of leading with full potential and discover their similarities with their peers. Our engaging LIVE or Virtual program aims to foster community among student leaders, leaving them feeling more connected and empowered to take risks and create a positive legacy.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- their fears are no different from their peers around them, and they're not alone
- top fears and worries of other leaders in the room and around the nation
- actionable and research-backed strategies they can use immediately to start creating and leading with more courage
- how to use The Fearless Band™ a daily reminder to choose courage over fear



"I CAN NOT BEGIN TO EXPRESS HOW EXCITED, MOVED, AND INSPIRED I WAS BY HIS KEYNOTE; I WAS SO IMPRESSED I IMMEDIATELY ENCOURAGED THE PERSON WHO WORKS WITH OUR EMERGING LEADERS PROGRAM TO BOOK DARRYL FOR THAT RETREAT."

MINDY SIDES-WALSH | DIRECTOR OF LEADERSHIP DEVELOPMENT | UNC-CHARLOTTE



FOR FIRST-YEAR STUDENTS

FEARLESS FOUNDATIONS:

FIRST YEAR STRATEGIES FOR NAVIGATING WHILE SCARED.

First-Year Fearless is a program designed to support students as they embark on their college journey. This program provides students with a platform to acknowledge and address their anxieties about the upcoming year, while simultaneously hearing their peers' fears in real-time through either a live or virtual setting.

Darryl, drawing on his extensive research and collection of thousands of first-year students' fears nationwide, shares relatable stories and actionable strategies to help students navigate the challenges ahead. The program empowers students to confront their fears instead of avoiding them, and provides resources to help them succeed.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- the top fears of first-year students in the room around the country
- typical first-year pitfalls and actionable strategies to create a strong foundation
- how to harness their fear of taking action, recovering from failure, and pushing through self-doubt to create momentum.
- how to use The Fearless Band™ (provided or mailed to campus) as a daily reminder to choose courage over fear.



DARRYL WAS UPBEAT AND HAD THE AUDIENCE ENGAGED FROM THE MINUTE HE STEPPED ON STAGE. HE CONNECTED WITH THE STUDENTS AND IT WAS INTERESTING WATCHING HOW THEY RESPONDED TO WHAT HE WAS SAYING. THE "I FEAR" MESSAGES WERE POWERFUL, SO POWERFUL THAT I AM HAVING THEM TYPED UP TO GIVE TO FACULTY TO SHOW THEM WHAT OUR STUDENTS ARE DEALING WITH ON AN EVERYDAY BASIS.

- JOY BRITTAIN | DIRECTOR OF FYE AND STUDENT SUPPORT | MARY BALDWIN UNIVERSITY



FOR FIRST-GENERATION COLLEGE STUDENTS

FEARLESS-ISH

EMPOWERING FIRST-GENERATION COLLEGE STUDENTS

First-generation college students may face unique challenges that can be daunting. Financial struggles, imposter syndrome, and navigating higher education can create uncertainty and self-doubt. However, these obstacles do not have to stand in the way of success.

In this program, participants will explore the power of fearlessness and resilience. The engaging program will help them connect with peers and discover they are not alone in their struggles. They will learn strategies for overcoming fear and self-doubt and discover how to leverage their unique strengths to achieve their goals.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- Their fears are no different from their peers around them, and they're not alone
- Identify and confront fears and self-doubt commonly experienced by first-generation college students.
- Resilience strategies to overcome obstacles to success in higher education.
- How to leverage individual strengths to achieve academic and personal goals.
- How to develop a supportive community of peers to share experiences and provide mutual encouragement and support.
- How to use The Fearless Band™ a daily reminder to choose courage over fear

DARRYL IS AMAZING. IT'S WAS A NEW EXPERIENCE FOR OUR STUDENTS AND THEY LOVED EVERY MOMENT OF IT. WE HAD MORE EVALUATIONS COMPLETED FOR THIS EVENT THAN ANY OTHER DURING THE WEEK. THE RESPONSES WERE OVERWHELMINGLY POSITIVE. WE LOVE DARRYL AT JSU!

Jordan Carter
Assistant Director
TRiO Upward Bound Programs



FOR FRATERNITIES & SORORITIES

GREEK IMAGE TO ACTION:

FEARLESSLY BRIDGING THE "COURAGE" GAP

Although our greek letter organizations accomplish great feats on campus, we must ask ourselves whether we are doing enough. We often boast about "running" the campus, but do our daily actions align with our founding principles and the image we project when recruiting new members?

Our program is designed to help students confront their apprehensions about voicing their opinions within a group and understand the significance of their contributions. Furthermore, it offers actionable strategies to cultivate a chapter/community culture that promotes brave thinking and action among its members.

LEARNING OUTCOMES

As a result of attending this program, students will learn the following:

- how to conquer their inner worries and fears to make positive changes within their chapter/council/campus.
- how to build a culture where doing the right thing is accepted
- how their organization values demand a fearless outlook to survive
- how to use The Fearless Band™ (provided or mailed to campus) as a daily reminder to choose courage over fear.



HE MADE THE EVENT FEEL LIKE IT WAS ONE OF OUR FRIENDS JUST TALKING TO US ABOUT FACING OUR FEARS AND BEING A LEADER. THIS CAUSED EVENT-GOERS TO REALLY OPEN UP MORE.

MATTHEW G. | UNIVERSITY OF DELAWARE | IFC PRESIDENT



WHAT IS THE FEARLESS BAND?



No Words
All black on the outside



secret message
hidden on the
inside

**THE BAND IS A DAILY REMINDER
OF THE FEARLESSNESS YOU HAVE INSIDE.**

I was in my dorm over the weekend and I'm having a problem leaving my current two friends. They are awesome and they are hilarious but the thing is that I'm not myself around them and they in a way abuse me. They don't listen to me and treat me as if I'm less than them. I always am pumping myself up after an incident happens where they make me feel less and I say "I can do this, today is the day I move on and take control of who I am." ...What is so special about this moment is that today I was able to resist my temptation of going to what I know and hanging out with them. It was a step in the right direction

-fearless story from a student



**EVERY STUDENT
RECEIVES A BAND**

**OVER 60,000
GIVEN TO AUDIENCES**

STUDENTS TODAY
ARE **MORE**
FEARFUL &
DISTRACTED THAN
EVER...



YOU KNOW WHAT YOUR
STUDENTS ARE CAPABLE
OF, BUT THEY LET THE
FEAR OF **FAILURE**, THE
VOICE OF “**NOT ENOUGH**,
”AND **WHAT** THEIR PEERS
AND **OTHERS THINK TO**
CARRY FAR TOO MUCH
WEIGHT.

LET'S DO SOMETHING
ABOUT IT.

FILL OUT FORM HERE.

TALK TO DARRYL

CALL OR TEXT

TEXT “FEARLESS” TO 980-217-2441

EMAIL

HELLO@FEARLESSINSIDE.COM