



NEONATAL ADVANCED LIFE SUPPORT (NALS)

A new era in neonatal life support is here

The urgent need for life-saving neonatal care extends far beyond the confines of traditional hospital settings. Recognizing this critical requirement for neonatal life support across the U.S., the American Red Cross, the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), and HealthStream worked collaboratively to deliver the Neonatal Advanced Life Support (NALS) training program as part of the American Red Cross Resuscitation Suite.



Save newborn lives across more care settings

Real-world skills—real-life impact

The NALS program is comprehensive neonatal resuscitation training designed to expand neonatal resuscitation knowledge beyond the delivery room, providing practical, evidence-based training for a wide range of clinical environments and roles.

Unmatched science

Aligns with the latest neonatal care guidelines from ILCOR, AHA, AAP, and the Red Cross Scientific Advisory Council.

Broader coverage

Applies to more care settings, including NICUs, emergency departments, birthing centers, and EMS services.

Team experience

Sharpens team-based lifesaving skills with self-guided online modules and in-person skills practice.

Instructor flexibility

Allows EMS professionals to become certified instructors and existing NRP® instructors to bridge with zero bedside conflict.

Save newborn lives across more care settings



NALS Foundations Course

Covers basic neonatal resuscitation, including initial interventions, positive pressure ventilations, and laryngeal mask airway insertion.



NALS Comprehensive Course

Provides advanced resuscitation techniques, post-care, and training for special circumstances like preterm birth and congenital heart conditions.

Every second counts in the fight to save newborn lives

NALS empowers care teams to meet the unique challenges of newborn resuscitation and contribute to improved outcomes for the tiniest patients.





Train to the highest standard

NALS is the newest addition to The American Red Cross Resuscitation Suite™—the most comprehensive and flexible training option on the market that also includes BLS, ALS, and PALS.

This adaptive solution pairs cutting-edge instructional design and resuscitation science expertise with HealthStream's 35-year history in industry-leading program management and workforce development tools.