Care Team Tracker

Tips for using this tracker:

- Keep a printed copy in your medical binder or bring it to appointments.
- Store a digital version in your shared drive (Google Drive, Dropbox, etc.).
- Update it regularly as care team members change or new contacts are added.
- Use the “Notes” column to track things like preferred communication method or times they’re easiest to reach.

Looking for a digital version? A downloadable Excel template is available on our website if you prefer to sort, filter, and update electronically.

Name	Role/Speciality	Institution	Contact Information	Notes

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